

A man with dark hair, wearing a grey Nike t-shirt, is using a cable machine in a gym. He is looking upwards and to the right, holding the handle of the machine with his right hand. The machine is black and has a cable attached to it. The background is a blurred gym environment with other equipment and a window.

 **VISION**
FITNESS

MOVE WITH
CONFIDENCE

MOVE WITH CONFIDENCE

When it comes to your fitness facility, you can be confident Vision has the knowledge and experience to deliver equipment that fits your space, your budget and the people you serve.



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ABOUT US

IT ALL STARTS WITH A VISION

Vision Fitness has come a long way from its start as a producer of exercise bikes in 1996. The product line evolved into an award-winning home and light-commercial portfolio over the last two decades. Today, Vision is committed to serving value-conscious customers with full-commercial strength and cardio equipment that is intuitive and built to last.





Reliability

Vision equipment is tested to deliver years of hassle-free performance in demanding environments and extreme conditions. For instance, new treadmills are subjected to over 100,000 load-bearing steps to meet international quality standards, and selectorized strength equipment is tested to withstand over a million reps, more than four times the industry standard.



Simplicity

Our research and development team ensures everything we make is uncomplicated and durable. Some of our greatest innovations have come from simplifying the exercise experience and passing greater value on to all who choose Vision.



Value

When it comes to our fitness equipment, a combination of high-quality parts and time-tested platforms results in products that outlast your expectations. All Vision equipment is manufactured to exacting specifications and supported by the industry's best customer service.

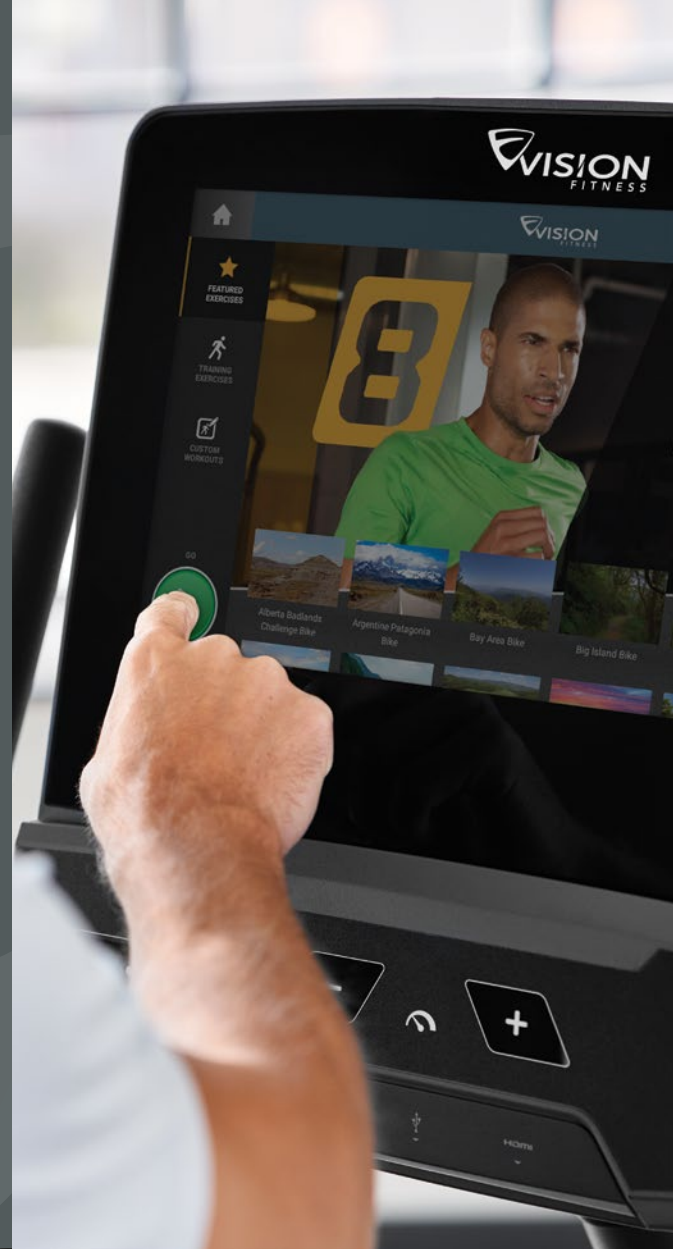
Our Commitment To Service

As a brand of Johnson Health Tech, a global leader with nearly 50 years in the fitness industry, Vision customers can rely on our worldwide efficiencies in manufacturing, along with a powerful service network that will be there to serve customer needs, not just today but well into the future.



FOR YOUR SPACE. FOR YOUR BUDGET. FOR YOUR PEOPLE.

No matter what shape your fitness facility takes, Vision understands your unique needs. We specialize in providing durable fitness solutions that amplify your return on investment and provide an intuitive exercise experience for all the very different people you serve.





Health Clubs

Our complete collection of cardio and strength equipment simplifies the exercise journey for beginners while standing up to the toughest workouts from your most demanding members.



Hospitality

You want guests to be able to get their workout in while on the road, and we can help. Expect simplicity of design that lets anyone jump on and get started without wasting a moment and durability that lasts for years to come.



Multi-Family Housing

Choose Vision for lasting-quality equipment and accessible designs that welcome your residents to their favorite new place to work out. Best of all, we'll do it in a way that works for your budget and space.



Corporate Wellness

Vision can complete your wellness program and enhance employee satisfaction with fitness equipment that's easy for anyone to use. Best of all, your staff will be able to use it for years thanks to the durability of our quality components.



Municipal Facilities

Vision equipment keeps first responders ready to roll. Our simple designs make it easy to grab a workout when there's downtime, and our durable construction stands up to hard use for years.

ENTERTAINMENT SERIES NOW THERE'S MORE TO SEE

You can make your fitness center a highlight of your offering with exercise that entertains. Our Entertainment Series console will bring people in and keep them coming back with all of their favorite entertainment apps, plus exclusive HD destination footage, HIIT programs, advanced Bluetooth, optional live TV and more. Users can even mirror their own devices to stream whatever moves them.





Popular Entertainment Apps

We've integrated the most popular streaming entertainment apps¹ in a familiar tablet-style interface, so it's easy for anyone to log in to their personal accounts² and enjoy their favorite music, movies, shows and books while their workout flies by.



Virtual Active

Virtual Active programming transports exercise enthusiasts to exotic locales with forward-motion, high-definition footage that speeds up or slows down to match their pace and resistance or incline that varies to match the terrain. Includes virtual coaching and a variety of new locations.



Connect & Stream

A built-in HDMI³ port lets your people connect Android and iOS devices and mirror their own screen. That means they can bring along their favorite playlists, movies and shows, or even browse their favorite social media feeds while they work out.



SPRINT 8

An immersive version of our exclusive Sprint 8 program stimulates natural human growth hormone to burn more fat and build lean muscle in short 20-minute sprint intensity workouts that anyone can fit into their schedule.



Optional Live TV

Our optional TV tuner lets all the people you serve enjoy their favorite shows, sports and live news while they sweat. It's Pro:Idiom encrypted to protect content providers from piracy, and it's easy to add by simply removing two bolts from the quick-release service panel.



Advanced Bluetooth

Advanced Bluetooth makes it easy for users to sync Bluetooth headphones and heart rate monitors, plus connect to favorite FTMS-compatible training apps like Kinomap, Zwift and more.

1. Apps vary by market and subject to change. 2. Subscriptions not included. 3. The term HDMI and the HDMI Logo are trademarks or registered trademarks of HDMI Licensing Administrator, Inc. HDMI cables, media player and devices not included.



Classic LED Consoles

If a simplified exercise experience is best for the people you serve, look for versions of our cardio equipment featuring our classic consoles. Intuitive navigation makes starting workouts easy, and a bright white LED display offers clear feedback to keep users on track for their goals. Now with Bluetooth connectivity, users can pair a heart rate strap or connect to favorite FTMS-compatible training apps. Best of all, you'll still be getting the same great reliability, innovation and value when it comes to the frame of the cardio equipment.

T600E TREADMILL

Performance, Durability & Entertainment

The refined design of our T600E Treadmill combines performance and durability with advanced console technology for exercise that entertains. A powerful motor and an extra-large running surface accommodate hard workouts, and heavy-duty components stand up to hard use. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- 152 x 55.4 cm / 60" x 22" surface lets runners sprint comfortably
- Contact grips and wireless receiver offer easy heart rate tracking
- Includes water bottle holders and reading rack
- A heavy-gauge welded steel frame provides stability





Durability of Design

A heavy-gauge welded steel frame provides excellent stability during hard runs and durability that withstands years of use.

Powerful, Reliable & Responsive

A powerful, reliable 4.2 hp AC drive system stays in rhythm with every step, even during the most intense runs.

A Better Deck

Our fully pre-waxed, industrial-grade deck is cushioned for comfort and reversible to extend treadmill life.

T600 Treadmill

Simplify the exercise experience for the people you serve with our T600 Treadmill. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.



S600E SUSPENSION ELLIPTICAL

Natural Movement & Entertainment

Our low-maintenance S600E Elliptical offers whisper-quiet, low-impact movement that engages the whole body, plus exercise that entertains. It features a smooth-moving suspension design, refined ergonomic details and an accessible frame that makes it easy for virtually anyone to start a comfortable workout. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- Open design and low step-on height make it easy to get started
- Contact grips and wireless receiver offer easy heart rate tracking





Suspension Design

Suspension design provides a smooth, low-impact exercise experience while minimizing noise and maintenance.

Durability of Design

A heavy-gauge welded steel frame provides excellent stability during intense workouts and durability that withstands years of use.

Ergonomic Comfort

Large, cushioned pedals reduce stress on joints while narrow pedal spacing promotes good posture.

S60 Suspension Elliptical

Simplify the exercise experience for the people you serve with our S60 Suspension Elliptical. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.



U600E UPRIGHT BIKE

Classic Design & Entertainment

Our U600E Upright Bike features the classic design cycling enthusiasts need for a pulse-pounding ride, plus extensive entertainment options. Multi-position handlebars make it easy to shift riding positions, and the comfortably contoured seat easily adjusts to give users of all sizes an ideal fit. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

- Contact grips and wireless receiver offer easy heart rate tracking
- Includes water bottle holder
- A heavy-gauge welded steel frame provides stability





Multiple Grip Positions

The unique design of the handlebars provides multiple comfortable grips as riders move through different phases of their workout.

Comfortable & Adjustable

An adjustable, ergonomically contoured seat makes even long, intense workouts comfortable for riders of all sizes.

Better Pedals

Self-balancing pedals with adjustable straps make it easy for anyone to strap in and go.

U60 Upright Bike

Simplify the exercise experience for the people you serve with our U60 Upright Bike. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.



R600E RECUMBENT BIKE

Comfort, Convenience & Entertainment

Our R600E Recumbent Bike combines comfort and convenience with exercise that entertains. A recumbent design with a step-through frame makes low-impact workouts accessible to everyone, and a contoured seat and back pad provide excellent lumbar support and stability. The large touchscreen console elevates the experience with popular apps, exclusive workout programs and streaming entertainment.

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- Contact grips and wireless receiver offer easy heart rate tracking
- A heavy-gauge welded steel frame provides stability





Better Pedals

Self-balancing pedals with adjustable straps make it easy for anyone to strap in and go.

Accessory Tray

A convenient accessory tray keeps water or smartphones close at hand.

Easy Access

A step-through frame makes it easy for anyone from fitness enthusiasts to older and deconditioned users to step up to a low-impact cardio workout.

R60 Recumbent Bike

Simplify the exercise experience for the people you serve with our R60 Recumbent Bike. It includes the same frame as our Entertainment Series model with a bright white LED Console. The intuitive design of our LED Console makes starting workouts hassle-free, and clear feedback makes it easy for everyone to stay on track for their goals.



INVEST IN LASTING STRENGTH

Complete your fitness offering by adding essential strength training equipment. Our uncomplicated designs are easy for anyone to use, while our streamlined aesthetic brings a touch of modern style to your facility. And of course, like everything from Vision, our strength training equipment is designed to stand up to the tough workouts and the busy facilities, so your people can continue to strengthen their bodies for years to come.





Dumbbell Rack (VST600-FW510)

Make sure your dumbbells are out of the way and easy to access with our stable, ultra-durable Dumbbell Rack. It stores up to 10 pairs of dumbbells in secure cradles that are angled to make picking up and putting back weights easy and comfortable. It also features the kind of heavy-duty construction and design details that will keep it looking like new for years, even in busy fitness facilities.

- Holds 10 pairs of pro-style dumbbells (not included)
- 15-degree angle minimizes wrist strain when removing and replacing dumbbells
- Cradles hold dumbbells securely to prevent rolling
- Heavy-duty construction and two-layer powder-coat finish provide lasting durability



Adjustable Bench (VST600-FW82)

Serve a wide range of strength training needs focused on major upper-body muscle groups with our ultra-durable, six-position Adjustable Bench. It's easy to adjust, easy to transport and provides excellent stability for beginners and seasoned lifters alike. It's also built for tough environments, so you can be sure that it will look good and stay in use for years to come.

- Backrest easily adjusts to six secure positions for a range of exercises
- Wide back pad provides excellent stability during heavy lifts
- Heavy-duty construction and two-layer powder-coat finish provide lasting durability
- Molded guards protect against wear and scratches in busy environments
- Integrated wheels offer easy transport and storage

FUNCTIONAL TRAINER

VST600-FT

Extreme Durability. Remarkable Versatility.

Our functional trainer will help your people strengthen their whole body while standing up to tough environments. Intuitive design makes it easy to start training, and heavy-duty construction means it will be there when users come back for more. Make a strong choice — invest in versatile functional fitness that lasts.

- 1:2 pulley ratio offers smooth operation when performing heavy exercises
- Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises
- Oversized frame tubes provide excellent stability
- Six storage pegs offer easy access to training handles and accessories
- Includes two D-handles





Designed for Superior Versatility

Multi-position pull-up handles provide greater exercise variety, and low starting weight makes it easy for anyone to get started and build progressions.

Refined for Easy Use

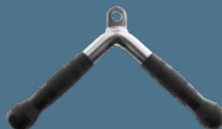
Clearly indicated adjustment points make use intuitive, and one-handed pulley adjustment offers easy operation.

Built for the Toughest Environments

Laser-cut, robotic-welded design with heavy-duty components and two-layer powder-coat finish provides lasting durability in busy fitness facilities.

Optional Handle Package

Our optional VST600-FTHP handle package includes a V-bar, triceps rope and curl bar for training variety.



SELECTORIZED STRENGTH MAKE A STRONG SELECTION

If you're ready to complete your fitness center, our new Vision selectorized strength equipment is tougher than you can imagine and more comfortable than you'd expect. Every unit has been tested to withstand over a million reps, more than four times the industry standard. Intuitive adjustments and ergonomic designs make it easy for virtually anyone to take on strength training exercises. Explore our complete collection today, and make a strong selection for your place and your people.





Space-efficient Design

Our selectorized dual stations pack maximum functionality into minimum space, helping you make the most of your fitness center.

Intuitive Adjustments

Highlighted adjustment points make it easy for even beginners to select a weight, adjust our selectorized station to their unique body and start a quick set.

Ergonomic Sculpting

The handles and touchpoints of our selectorized stations are sculpted with the human form in mind, making even intense workouts comfortable.

Excellent Accessibility

Open frames make it easy for users to enter and exit our selectorized stations, improving the flow of your fitness center.

Instructional Insights

Included instructional placards highlight targeted muscle groups and demonstrate the exercise, helping beginners get started and enthusiasts refine form.

Fully Enclosed Weight Stack

A fully enclosed weight stack protects the station's internal components from dust and debris, minimizing maintenance for you and your staff.



SELECTORIZED STRENGTH

SINGLE STATIONS



CHEST PRESS
VST600-S13



LATERAL RAISE
VST600-S21



LEG PRESS
VST600-S70



PRONE LEG CURL
VST600-S73



ROTARY HIP
VST600-S76



ROTARY TORSO
VST600-S55



SHOULDER PRESS
VST600-S23

DUAL STATIONS



AB / LOW BACK
VST600-S531



BICEPS / TRICEPS
VST600-S401



CHIN / DIP ASSIST
VST600-S601



**HIP ABDUCTOR /
ADDUCTOR**
VST600-S74



**LAT PULLDOWN /
SEATED ROW**
VST600-S331



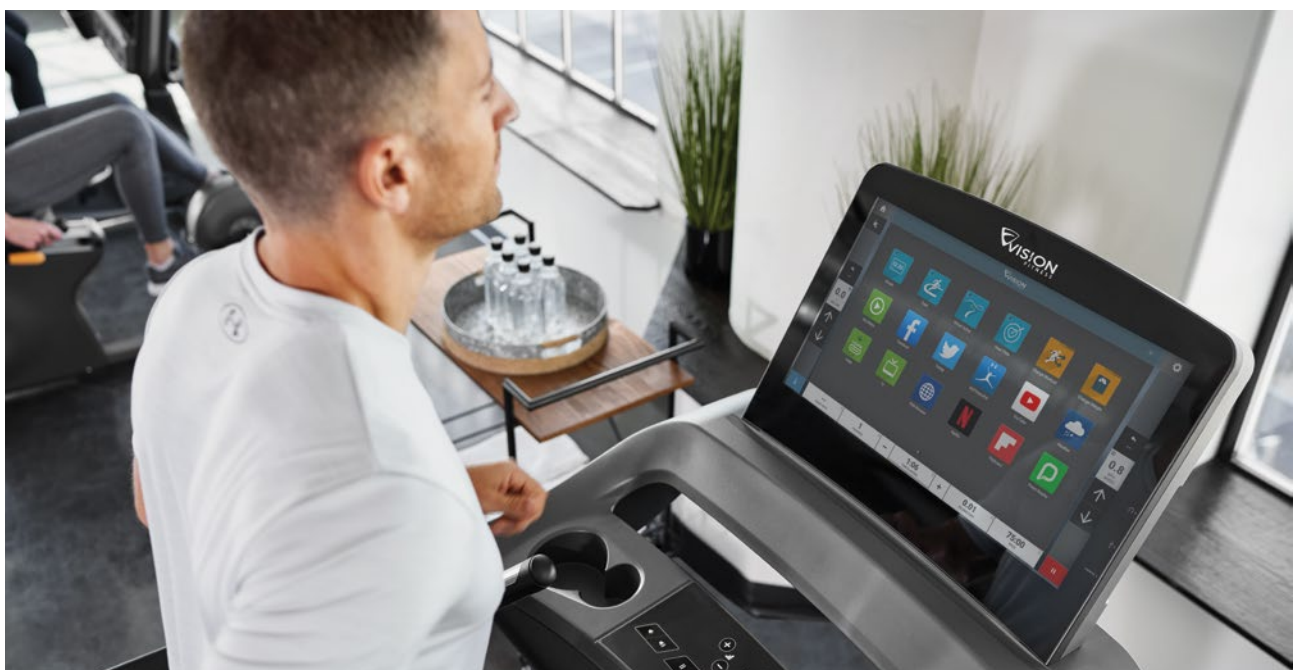
LEG CURL / EXTENSION
VST600-S711



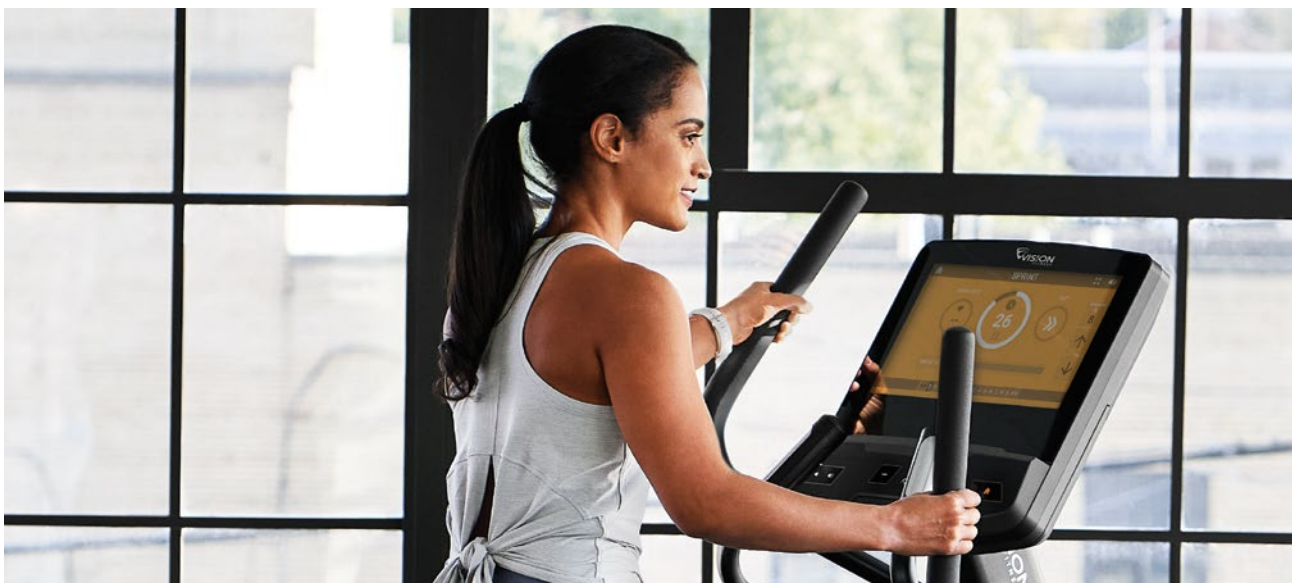
PEC FLY / REAR DELT
VST600-S22

SPECIFICATIONS

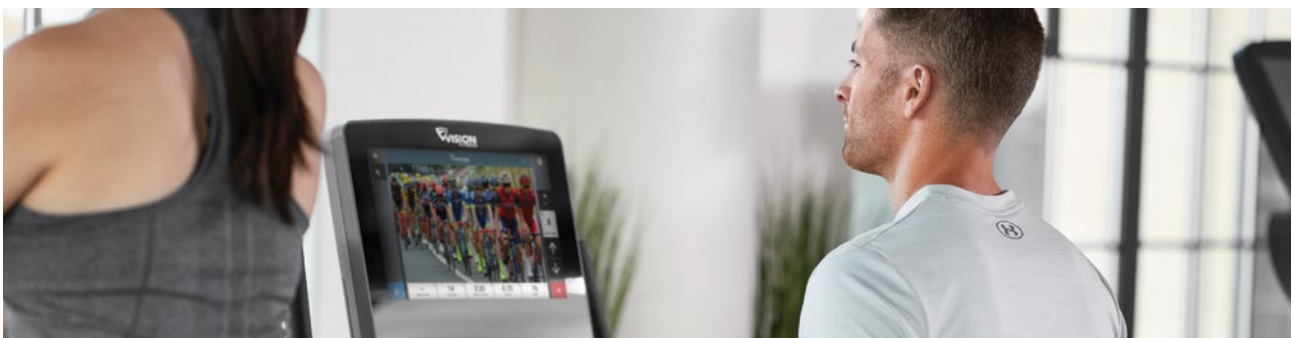
FEATURE	T600E TREADMILL	T600 TREADMILL
FRAME		
Model Number	T600E-02	T600-03
Frame Type	Heavy gauge welded steel	Heavy gauge welded steel
Running Area	152 x 55.4 cm / 60" x 22"	152 x 55.4 cm / 60" x 22"
Cushioning System	UltraZone cushioning system	UltraZone cushioning system
Deck Thickness	25.4 mm / 1" reversible	25.4 mm / 1" reversible
Drive System	4.2 hp AC dynamic response drive system	4.2 hp AC dynamic response drive system
Speed Range	0.8–22 km/h / 0.5–13.8 mph (220 V) or 0.8–19.3 km/h / 0.5–12 mph (100–120 V)	0.8–22 km/h / 0.5–13.8 mph (220 V) or 0.8–19.3 km/h / 0.5–12 mph (100–120 V)
Incline Range	0–15%	0–15%
Extras	Water bottle holder, reading rack	Water bottle holder, reading rack
TECH SPECS		
Assembled Dimensions	215 x 91 x 165 cm / 85" x 36" x 65"	215 x 91 x 154 cm / 85" x 36" x 61"
Assembled Weight	185 kg / 408 lbs.	178 kg / 392 lbs.
Max User Weight	182 kg / 400 lbs.	182 kg / 400 lbs.
Power Requirements	220 V / 50–60 Hz or 100–120 V	220 V / 50–60 Hz or 100–120 V
Power Supply	NEMA 6–20 (220 V) or NEMA 5–15 (100–120 V) (requirement may vary outside the USA)	NEMA 6–20 (220 V) or NEMA 5–15 (100–120 V) (requirement may vary outside the USA)
CONSOLE		
Model Number	N/A	N/A
Display	22" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, HR zone display
Programs	Go, Manual, Sprint 8, Virtual Active, Target Heart Rate, Fat Burn, Rolling Hills, Time Goal, Distance Goal, Calorie Goal, 6 Fitness Tests, Custom, Hiit Mode	Manual, Interval, Time Goal, Distance Goal, Calories Goal, Random, Target HR, Weight Loss, Fitness Test
Workout Feedback	Time, Pace, Incline, Distance, Speed, Level, Calories, METS, Target HR, Actual HR, Profile	Time, Pace, Incline, Distance, Speed, Level, Calories, METS, Target HR, Actual HR, Profile
Heart Rate	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese, Russian, Polish
HDMI IN Port	Yes; screen cast of smart devices which support HDMI out to console	No
CSAFE	Yes	No
Analog TV	Optional; NTSC, PAL, SECAM	No
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No
Pro:Idiom Compatibility	Optional; via coax	No
WiFi	Yes	No
Bluetooth	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps
USB Port	Yes; device charging, device media, software updates	No



FEATURE	S600E ELLIPTICAL	S60 ELLIPTICAL
FRAME		
Model Number	S-600E-F	S60-05
Frame Type	Suspension Elliptical Trainer	Suspension Elliptical Trainer
Stride Length	53.3 cm / 21"	53.3 cm / 21"
Step-on Height	23 cm / 9"	23 cm / 9"
Power Incline	No	No
Resistance System	2-stage generator	2-stage generator
Resistance Range	1-25	1-25
Pedal Type	Oversized with rubber inserts	Oversized with rubber inserts
Pedal Spacing	5.1 cm / 2"	5.1 cm / 2"
Handlebar Design	Dual action and stationary with contact heart rate grips	Dual action and stationary with contact heart rate grips
Extras	Water bottle holder, reading rack	Water bottle holder, reading rack
TECH SPECS		
Assembled Dimensions	186 x 75 x 164 cm / 74" x 29.5" x 64.5"	186 x 75 x 164 cm / 74" x 29.5" x 64.5"
Assembled Weight	146.5 kg / 323 lbs	140 kg / 308 lbs.
Max User Weight	182 kg / 400 lbs.	182 kg / 400 lbs.
Power Requirements	By power adapter; output: 12 V DC, 5 A	Self-powered
CONSOLE		
Model Number	SUR-600E-C	N/A
Display	16" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Programs	Go, Manual, Sprint 8, Virtual Active, Target Heart Rate, Interval Training, Fat Burn, Rolling Hills, Constant Watts, Time Goal, Distance Goal, Calorie Goal, Fitness Tests, Custom	Manual, Interval, Fat Burn, Random, HR Weight Loss, HR Interval, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Heart Rate	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese
HDMI IN Port	Yes; screen cast of smart devices that support HDMI out to console	No
CSAFE	Yes	No
Analog TV	Optional; NTSC, PAL, SECAM	No
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No
Pro:diom Compatibility	Optional; via Coax	No
WiFi	Yes	No
Bluetooth	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps
USB Port	Yes; device charging, device media, software updates	No



FEATURE	U600E UPRIGHT BIKE	U60 UPRIGHT BIKE	R600E RECUMBENT BIKE	R60 RECUMBENT BIKE
FRAME				
Model Number	U-600E-F	U60-04	R-600E-F	R60-04
Q-Factor	198mm / 7.8"	198mm / 7.8"	200mm / 7.9"	200mm / 7.9"
Frame Type	Heavy-gauge welded steel, upright	Heavy-gauge welded steel, upright	Heavy-gauge welded steel, recumbent	Heavy-gauge welded steel, recumbent
Pedal Type	Self-balancing with adjustable straps	Self-balancing with adjustable straps	Self-balancing with adjustable straps	Self-balancing with adjustable straps
Seat Type	Pure Comfort seat	Pure Comfort seat	Pure Comfort seat	Pure Comfort seat
Seat Adjustment	15 positions, up / down	15 positions, up / down	28 positions	28 positions
Resistance System	2-stage generator	2-stage generator	2-stage generator	2-stage generator
Resistance Range	1-25	1-25	1-25	1-25
Handlebar Design	Multi-position handlebars with armrests and contact heart rate grips	Multi-position handlebars with armrests and contact heart rate grips	Console and seat-mounted with contact heart rate grips	Console and seat-mounted with contact heart rate grips
Extras	Water bottle holder, reading rack	Water bottle holder, reading rack	Water bottle holder, reading rack	Water bottle holder, reading rack
TECH SPECS				
Assembled Dimensions	104 x 65 x 144 cm / 41" x 25.6" x 56.7"	104 x 65 x 138.3 cm / 41" x 25.6" x 54.4"	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"	161.9 x 72.5 x 138.3 cm / 63.7" x 28.5" x 54.4"
Assembled Weight	57 kg / 125 lbs.	52 kg / 115 lbs.	74.5 kg / 164 lbs.	70 kg / 154 lbs.
Max User Weight	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.	182 kg / 400 lbs.
Power Requirements	By power adapter, output: 12 V DC, 5 A	Self-powered	By power adapter, output: 12 V DC, 5 A	Self-powered
CONSOLE				
Model Number	SUR-600E-C	N/A	SUR-600E-C	N/A
Display	16" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display	16" class capacitive touchscreen LCD	10 x 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Programs	Go, Manual, Sprint 8, Virtual Active, Target Heart Rate, Interval Training, Fat Burn, Rolling Hills, Constant Watts, Time Goal, Distance Goal, Calorie Goal, Fitness Tests, Custom	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, Hr Weight Loss, Hr Interval	Go, Manual, Sprint 8, Virtual Active, Target Heart Rate, Interval Training, Fat Burn, Rolling Hills, Constant Watts, Time Goal, Distance Goal, Calorie Goal, Fitness Tests, Custom	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, Hr Weight Loss, Hr Interval
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Heart Rate	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth	Contact, telemetric, Bluetooth
Languages	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan	English, German, French, Italian, Spanish, Dutch, Portuguese
HDMI IN Port	Yes; screen cast of smart devices which support HDMI out to console	No	Yes; screen cast of smart devices which support HDMI out to console	No
CSAFE	Yes	No	Yes	No
Analog TV	Optional; NTSC, PAL, SECAM	No	Optional; NTSC, PAL, SECAM	No
Digital TV	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No	Optional; ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2	No
Pro:Idiom Compatibility	Optional; via coax	No	Optional; via coax	No
WiFi	Yes	No	Yes	No
Bluetooth	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps	Yes; Heart rate, headphones, FTMS transmits speed and other data to training apps	Yes; Heart rate, FTMS transmits speed and other data to training apps
USB Port	Yes; device charging, device media, software updates	No	Yes; device charging, device media, software updates	No



FEATURE		FUNCTIONAL TRAINER (VST600-FT-02)
ADJUSTMENTS		
Color-coded Pivots & Points of Adjustment	Yes	
User Adjustment Range	18 user start options	
FRAME & CABLES		
Available Frame Color	Black	
Frame Finish	Proprietary two-coat powder process	
Cable Transmission	Internally lubricated cables and fittings	
TECH SPECS		
Overall Dimensions	155 x 106 x 219 cm / 66" x 41.7" x 86.2"	
Product Weight	429 kg / 945 lbs.	
USER AMENITIES		
Included Accessories	2 D-rings	
Optional Handle Package (VST600-FTHP)	V-Bar, Triceps Rope, Curl Bar	
Placards	Muscle call outs, color-coded, start and finish exercise illustrations	
Placard Color Coding	Yellow (upper body), blue (lower body), green (core)	
Attachment Storage	6 pegs	
Multi-grip Pull-up Bars	Various grip angles for variety of exercise	
WEIGHT STACK		
Total Stack Weight	190 kg / 418.8 lbs. (95 kg / 209.4 lbs. per side)	
Weight Stack Guarding	Full front and rear shields	

FEATURE		ADJUSTABLE BENCH (VST600-FW82)
FRAME		
Frame Finish	Proprietary two-coat powder process	
TECH SPECS		
Product Weight	42 kg / 92.6 lbs.	
Max User Weight	100 kg / 220 lbs.	
Max Training Weight	200 kg / 440 lbs.	
Overall Dimensions	135 x 70 x 51 cm / 53" x 27.5" x 20"	

FEATURE		DUMBBELL RACK (VST600-FW510)
FRAME		
Frame Finish	Proprietary two-coat powder process	
Overall Dimensions	212 x 65 x 80 cm / 83.5" x 25.6" x 31.5"	
TECH SPECS		
Product Weight	57 kg / 125.7 lbs.	
Max Storage Weight	750 kg / 1650 lbs.	



FEATURE	CHEST PRESS VST600-S13	LATERAL RAISE VST600-S21	LEG PRESS VST600-S70	PRONE LEG CURL VST600-S73
ADJUSTMENTS				
User Adjustment Range	5 user height positions	5 user height positions	10 user height positions	6 user height positions
Color-coded Pivots & Points of Adjustment	Yes	Yes	Yes	Yes
FRAME & CABLES				
Frame Color	Matte Black	Matte Black	Matte Black	Matte Black
Frame Finish	Proprietary two-coat powder process	Proprietary two-coat powder process	Proprietary two-coat powder process	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings	Internally lubricated cables and fittings	Internally lubricated cables and fittings	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations	4 anchoring locations	4 anchoring locations	4 anchoring locations
TECH SPECS				
Overall Dimensions	115.4 x 142.5 x 196.0 cm / 45.4" x 56.1" x 77.2"	106.0 x 124.5 x 170.5 cm / 41.7" x 49.0" x 67.1"	207.0 x 96.5 x 170.5 cm / 81.5" x 38.0" x 67.1"	149.5 x 96.5 x 170.5 cm / 58.9" x 38.0" x 67.1"
Product Weight	224 kg / 493 lbs.	173.3 kg / 382 lbs.	311.8 kg / 686 lbs.	197.5 kg / 435 lbs.
USER AMENITIES				
Instructional Placards	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Yellow (upper body)	Yellow (upper body)	Green (lower body)	Green (lower body)
Contoured seat	Yes	Yes	Yes	Yes
WEIGHT STACK				
Total Stack Weight	100 kg / 220 lbs.	68.2 kg / 150 lbs.	177.3 kg / 390 lbs.	100 kg / 220 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.	4.5 kg / 10 lbs.	9.1 kg / 20 lbs.	6.8 kg / 15 lbs.
Consistent Stack Height	Yes	Yes	Yes	Yes
Weight Stack Guarding	Full front and rear shields	Full front and rear shields	Full front and rear shields	Full front and rear shields

FEATURE	ROTARY HIP VST600-S76	ROTARY TORSO VST600-S55	SHOULDER PRESS VST600-S23
ADJUSTMENTS			
User Adjustment Range	5 user height positions	8 user start options	5 user height positions
Color-coded Pivots & Points of Adjustment	Yes	Yes	Yes
FRAME & CABLES			
Frame Color	Matte Black	Matte Black	Matte Black
Frame Finish	Proprietary two-coat powder process	Proprietary two-coat powder process	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings	Internally lubricated cables and fittings	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations	4 anchoring locations	4 anchoring locations
TECH SPECS			
Overall Dimensions	116.5 x 135.5 x 172.5 cm / 45.9" x 53.3" x 67.9"	133.0 x 130.0 x 170.5 cm / 52.4" x 51.2" x 67.1"	150.9 x 142.0 x 170.5 cm / 59.4" x 55.9" x 67.1"
Product Weight	226 kg / 498 lbs.	197.3 kg / 435 lbs.	194.2 kg / 427 lbs.
USER AMENITIES			
Instructional Placards	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Green (lower body)	Red (core)	Yellow (upper body)
Contoured seat	N/A	Yes	Yes
WEIGHT STACK			
Total Stack Weight	100 kg / 220 lbs.	68.2 kg / 150 lbs.	68.2 kg / 150 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.	4.5 kg / 10 lbs.	4.5 kg / 10 lbs.
Consistent Stack Height	Yes	Yes	Yes
Weight Stack Guarding	Full front and rear shields	Full front and rear shields	Full front and rear shields



FEATURE	AB / LOW BACK VST600-S531	BICEPS / TRICEPS VST600-S401	CHIN / DIP ASSIST VST600-S601	HIP ABDUCTOR / ADDUCTOR VST600-S74
ADJUSTMENTS				
User Adjustment Range	5 user start positions	N/A	N/A	8 user start positions
Color-coded Pivots & Points of Adjustment	Yes	Yes	Yes	Yes
FRAME & CABLES				
Frame Color	Matte Black	Matte Black	Matte Black	Matte Black
Frame Finish	Proprietary two-coat powder process	Proprietary two-coat powder process	Proprietary two-coat powder process	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings	Internally lubricated cables and fittings	Internally lubricated cables and fittings	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations	4 anchoring locations	5 anchoring locations	4 anchoring locations
TECH SPECS				
Overall Dimensions	126.5 x 113.0 x 170.5 cm / 49.8" x 44.5" x 67.1"	84.0 x 159.0 x 215.0 cm / 33.1" x 62.6" x 84.6"	128.0 x 143.5 x 239.6 cm / 50.4" x 56.5" x 94.3"	80.0 x 177.5 x 170.5 cm / 31.5" x 69.9" x 67.1"
Product Weight	223 kg / 491 lbs.	214 kg / 472 lbs.	222 kg / 489 lbs.	233.5 kg / 514 lbs.
USER AMENITIES				
Instructional Placards	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Red (core)	Yellow (upper body)	Yellow (upper body)	Green (lower body)
Contoured seat	Yes	N/A	N/A	Yes
WEIGHT STACK				
Total Stack Weight	100 kg / 220 lbs.	68.2 kg / 150 lbs.	100 kg / 220 lbs.	100 kg / 220 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.	6.8 kg / 15 lbs.	6.8 kg / 15 lbs.	6.8 kg / 15 lbs.
Consistent Stack Height	Yes	Yes	Yes	Yes
Weight Stack Guarding	Full front and rear shields	Full front and rear shields	Full front and rear shields	Full front and rear shields

FEATURE	LAT PULLDOWN / SEATED ROW VST600-S331	LEG EXTENSION / LEG CURL VST600-S711	PEC FLY / REAR DELT VST600-S22
ADJUSTMENTS			
User Adjustment Range	N/A	8 user start positions	Adjustable start position from front to rear
Color-coded Pivots & Points of Adjustment	Yes	Yes	Yes
FRAME & CABLES			
Frame Color	Matte Black	Matte Black	Matte Black
Frame Finish	Proprietary two-coat powder process	Proprietary two-coat powder process	Proprietary two-coat powder process
Cable Transmission	Internally lubricated cables and fittings	Internally lubricated cables and fittings	Internally lubricated cables and fittings
Machine Anchoring	4 anchoring locations	4 anchoring locations	4 anchoring locations
TECH SPECS			
Overall Dimensions	120.5 x 201.0 x 215.0 cm / 47.4" x 79.1" x 84.6"	150.0 x 118.0 x 170.5 cm / 59.1" x 46.5" x 67.1"	80.0 x 134.0 x 211.8 cm / 31.5" x 52.8" x 83.4"
Product Weight	219 kg / 482 lbs.	246 kg / 542 lbs.	263.3 kg / 580 lbs.
USER AMENITIES			
Instructional Placards	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations	Muscle call outs, start and finish exercise illustrations
Placard Color Coding	Yellow (upper body)	Green (lower body)	Yellow (upper body)
Contoured seat	Yes	Yes	Yes
WEIGHT STACK			
Total Stack Weight	100 kg / 220 lbs.	100 kg / 220 lbs.	131.8 kg / 290 lbs.
Weight Plate Increments	6.8 kg / 15 lbs.	6.8 kg / 15 lbs.	9.1 kg / 20 lbs.
Consistent Stack Height	Yes	Yes	Yes
Weight Stack Guarding	Full front and rear shields	Full front and rear shields	Full front and rear shields









1600 Landmark Drive · Cottage Grove, WI 53527 U.S.A.
p 800.335.4348 · visionfitness.com