

MATRIX

2025/2026 BROCHURE

# CARDIO



# CONTENTS

## **4** MATRIX FITNESS

*BELIEVE IN BETTER  
TOTAL SOLUTIONS PARTNER*

## **8** ONYX

## **10** MATRIX CONNECTED SOLUTIONS

## **22** CONSOLES

## **28** SERIES OVERVIEW

## **30** TREADMILLS

## **38** ASCENTS & ELLIPTICALS

## **48** CLIMBMILLS & STEPPERS

## **58** CYCLES

## **68** CARDIO FLOOR SOLUTIONS





# IN BETTER

At Matrix, it's our mission to make your fitness facility everything you ever dreamed it could be.

Count on us for meaningful innovations that make our equipment a joy to own, service and use. Expect a technology ecosystem that enhances the way you manage your facility, retain and engage members and promote your brand. And as always, trust us to put your brand and your business first, supporting you with facility planning, dedicated sales and support, unmatched customer service and extensive education and training.

**For all those who believe in better, there's Matrix.**



# IN PARTNERSHIP THAT EMPOWERS

When you choose Matrix, you're getting more than the world's finest fitness equipment. You get a partner who will be there for your grand opening and every day after.



## DESIGNING YOUR SUCCESS

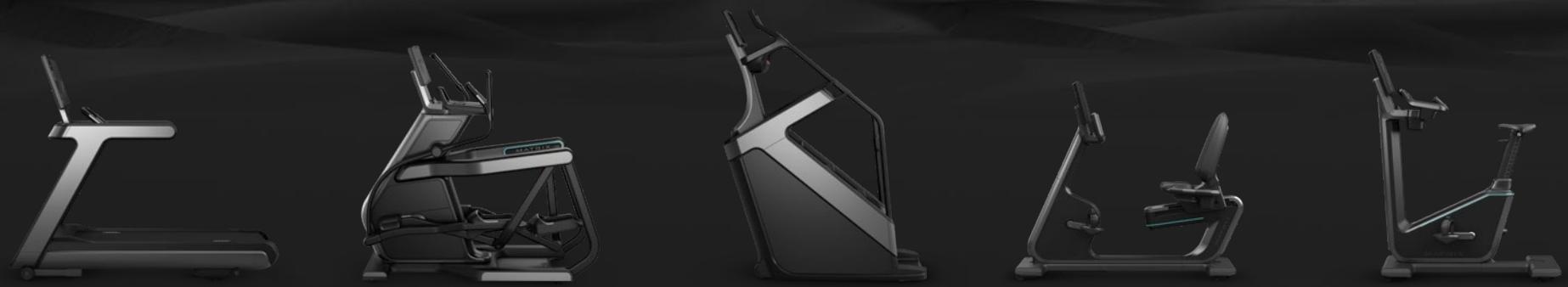
Building a fitness area is about creating a lasting asset for your facility. Our team works with you to select the perfect combination of equipment and technology that fits your unique requirements. With flexible financial options, we make it easy to turn your ideas into reality while staying within your budget.

## DELIVERING YOUR GOALS

We ensure a smooth start by handling setup and offering comprehensive guidance on maximizing the impact of your new fitness space. Your team will have all the knowledge they need to deliver an engaging experience from day one.

## SUPPORTING YOUR GROWTH

Count on Matrix for responsive service and swift issue resolution. Our commitment extends beyond installation, with readily available parts and marketing support kits designed to connect with your audience and spotlight your distinct fitness offering. Gain access to expert tools and resources that deliver valuable insights to your organization and help you make the most of your Matrix equipment and programming.



ONYX

AN EXPERIENCE FOR THE SENSES

**Nothing elevates exercise like Onyx.** From the eye to the fingertips to the feel beneath your feet, every interaction is exceptional, immersive and unlike anything else. For those who demand the best, Onyx is waiting.

Discover an experience for the senses at [onyx.matrixfitness.com](http://onyx.matrixfitness.com).



ONYX COLLECTION

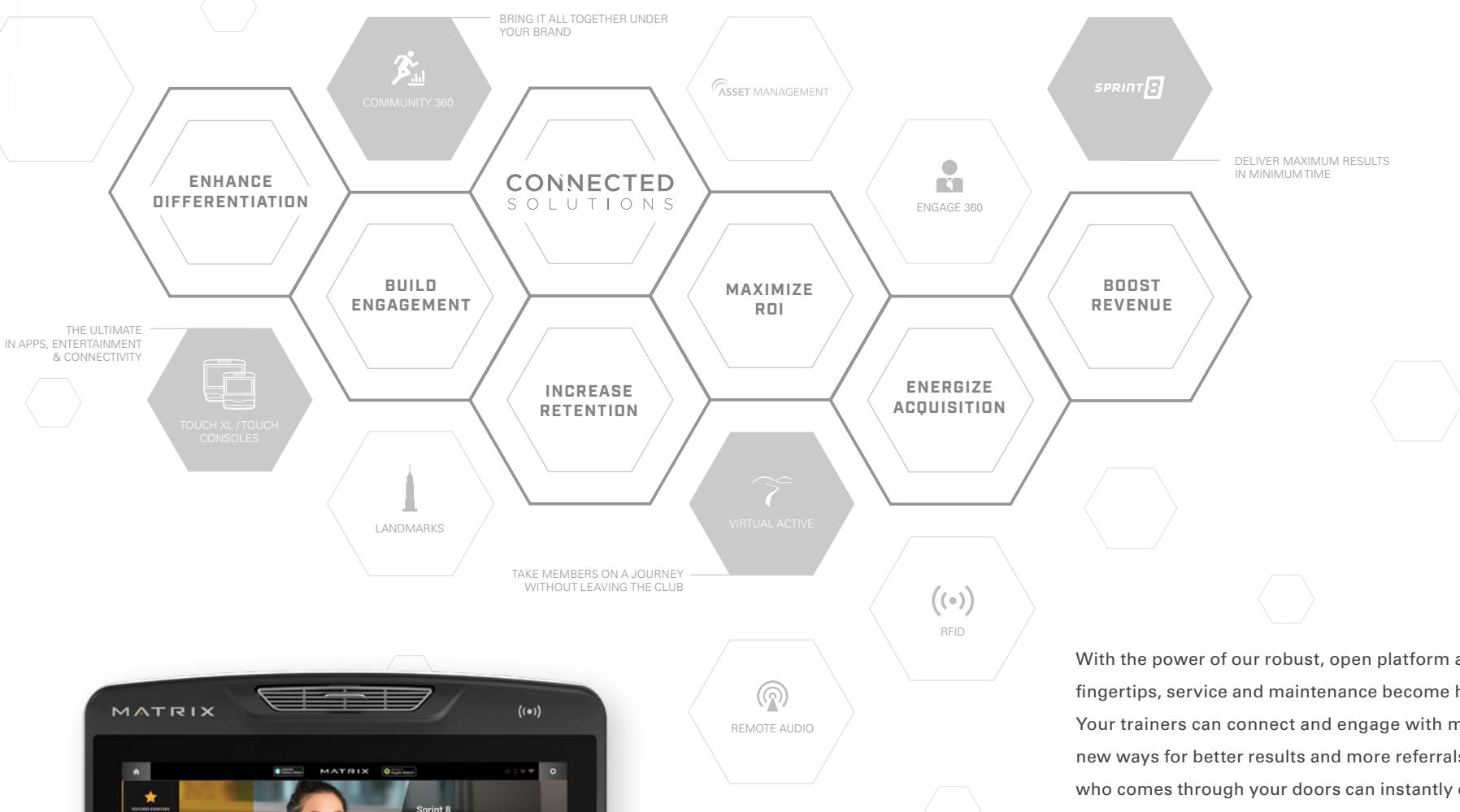
MATRIX CONNECTED SOLUTIONS

# **GET CONNECTED**

## **TO A WORLD OF DIGITAL SOLUTIONS**



Discover how our complete selection of hardware and software solutions can help bring your vision of fitness to life in bigger, bolder, brighter ways than ever before.



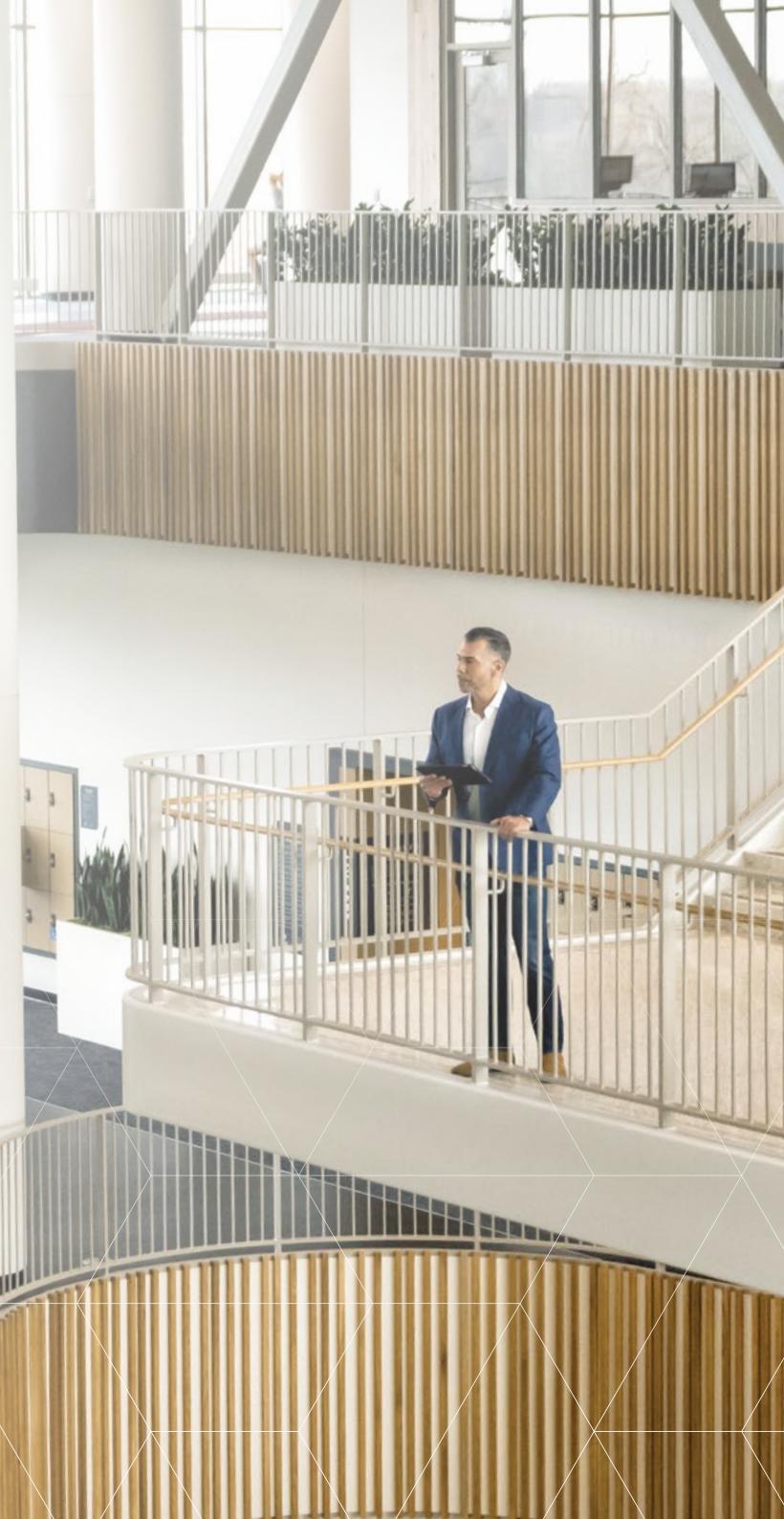
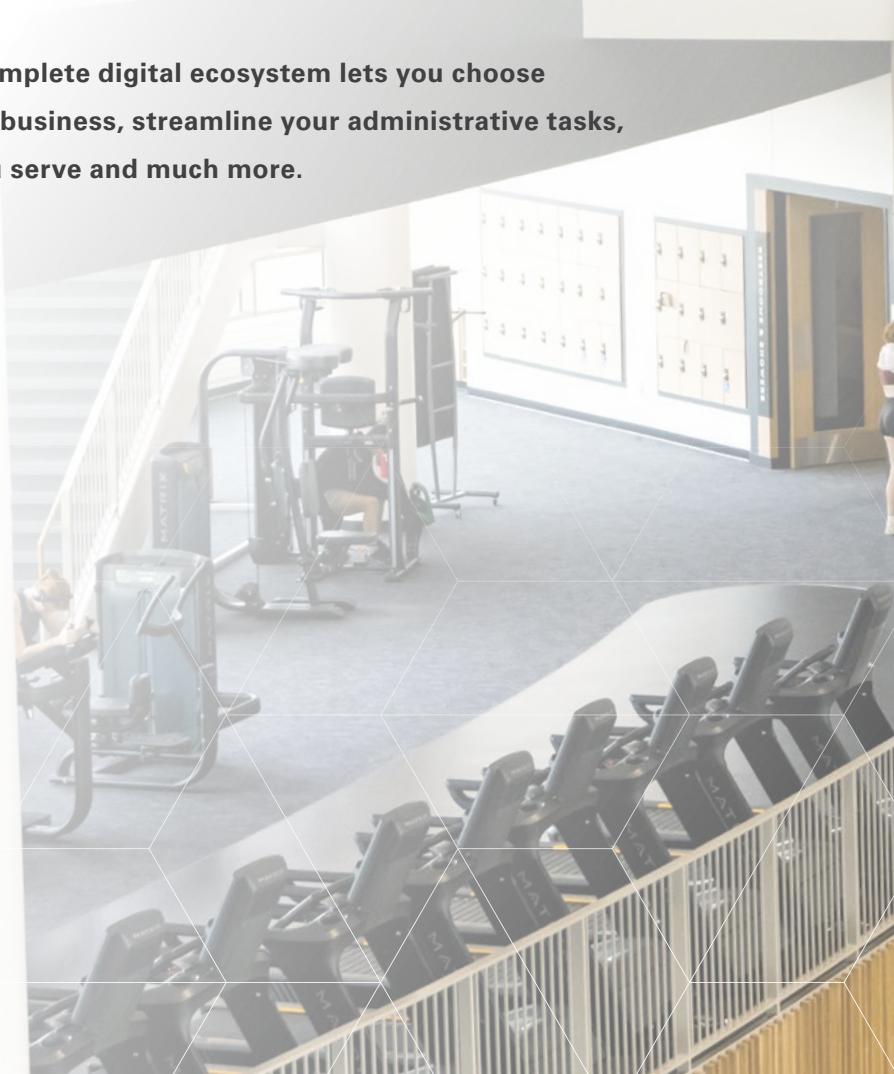
With the power of our robust, open platform at your fingertips, service and maintenance become hassle-free. Your trainers can connect and engage with members in new ways for better results and more referrals. Everyone who comes through your doors can instantly connect to their favorite music, entertainment and social networks. It's easier than ever to expand your marketing efforts and make your brand the center of each member's fit lifestyle. And that's just a taste of what Matrix Connected Solutions can do.

DISCOVER MORE AT  
**MATRIXCONNECTEDSOLUTIONS.COM**

MATRIX CONNECTED SOLUTIONS

# **YOUR GOALS**

**The flexibility of our complete digital ecosystem lets you choose  
how you enhance your business, streamline your administrative tasks,  
impress the people you serve and much more.**





### **ENERGIZE ACQUISITION & INCREASE RETENTION**

You're always striving to bring in new members, and we can help extend your brand, reach untapped demographics and impress everyone who stops by. Bringing members back again is essential to the success of your business. With our smart digital options, they won't just come back — they'll bring friends.

### **BUILD ENGAGEMENT & ENHANCE DIFFERENTIATION**

Keep your members enthused, excited and eager for more with a suite of powerful tools that keep the exercise experience fresh. Your facility is one of a kind, and our game-changing Connected Solutions can help you build your brand and stand out in impactful ways.

### **MAXIMIZE ROI & BOOST REVENUE**

Count on us for smart tools that streamline the way you run your business while maximizing your investment and the value of every membership. Find out how to tap forward-thinking revenue streams that can redefine your bottom line in powerful new ways.

MATRIX CONNECTED SOLUTIONS

# **OUR SOLUTIONS**

**Our robust, open platform is more than a collection of hardware, software and connectivity options. It's a fully integrated digital ecosystem that enhances the way you manage your machines, mentor and motivate your members, and promote your unique brand.**



# OUR DIGITAL ECOSYSTEM

**We provide best-in-class integrations by working with third-party organizations from member management systems to scheduling systems to exercise equipment software, to make your existing solutions work together seamlessly.**

Our integration capabilities constantly continue to expand as there are new technologies and entrants in the industry. Now more than ever, you have a myriad of choices of providers, partners and solutions.

That's just the beginning of how we can connect your content and your people, transforming the way you engage with members and your bottom line all at once. Choose Matrix and create an experience that best meets the needs of your facility and your members.

The following is a sampling of some of our integrations and partnerships. To view all of the third-party organizations we've integrated with to date, visit [matrixfitness.com/connected-solutions](http://matrixfitness.com/connected-solutions)

E G Y M

ecofit™

upace™

virtuagym



MATRIX CONNECTED SOLUTIONS

# ENGAGE 360

Now you can reach more members wherever they are and forge lasting connections with our Engage 360 platform. Engage 360 lets your staff access and create training libraries, assign workouts to individuals or groups, cheer on members, track progress, manage calendars, monitor member engagement and more. Contact us today to find out how Engage 360 can connect training staff and members like never before.

## CUSTOMIZE & CONNECT

Engage 360 is easily adaptable to the practices that have made your facility successful and works with third-party apps and wearables.

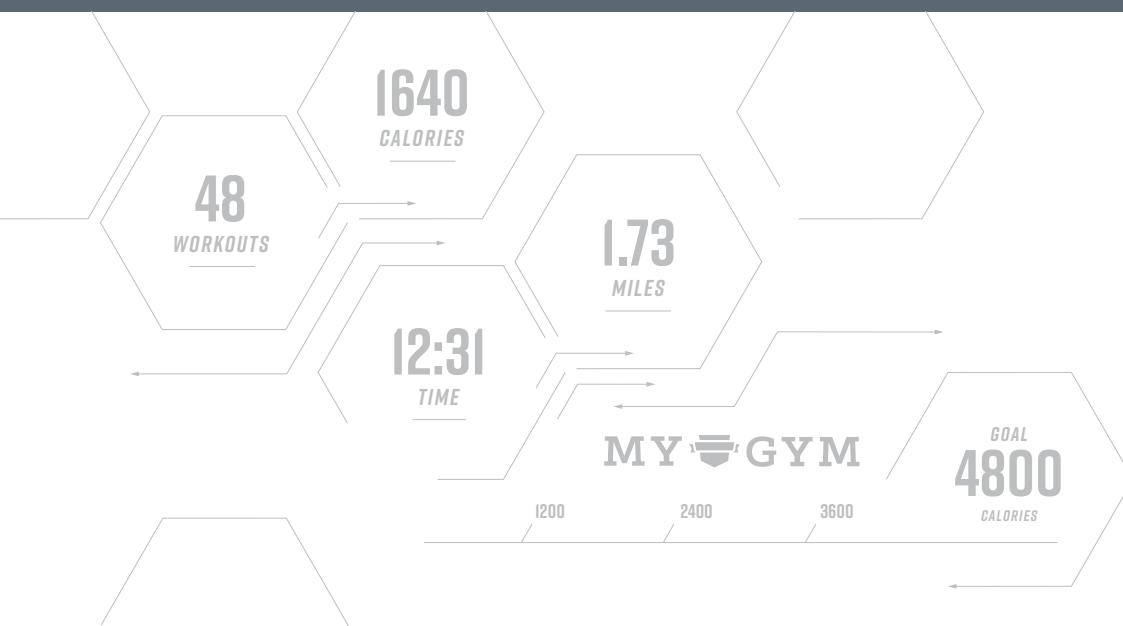
## REDEFINE YOUR BOTTOM LINE

Offer training as an add-on to premium memberships, as an introductory special, on a session-by-session basis or through your own promotional combination.



# COMMUNITY 360

Bring members together in a whole new way and keep them coming back for more with our Community 360 app. Community 360 makes it easy to create a virtual fitness community that's always active with fresh ways for members to stay fit, share their triumphs and cheer each other on, all while consolidating member workout data under your brand.



## MOTIVATING MEMBERS IN NEW WAYS

Our mobile app connects to members wherever they exercise with fresh daily workouts, community challenges, motivating push notifications and referral incentives.

## INTUITIVE USE & IMPORTANT INFORMATION

Our open platform streamlines the way you manage your facility and brings all of your members' fitness data to your branded tracking platform no matter where or when they exercise.

## PROMOTIONS & INCENTIVES

Innovative features like "find a class," "request training" and incentivized referrals help you promote your business and tap new revenue streams in game-changing ways.

## POWERFUL PROMOTIONS

Smart new promotional tools include special offer push notifications, incentivized referrals and "at-risk" notifications to help retain valuable members.

MATRIX CONNECTED SOLUTIONS

# ASSET MANAGEMENT

Our industry-leading Asset Management platform offers a 360-degree view of your equipment status on virtually any internet-connected device, plus insightful reporting capabilities, streamlined service, marketing tools and much more. With Asset Management, it's easier than ever to keep your equipment in top condition and your members happy.





### SUPERIOR INVENTORY MANAGEMENT

Asset Management uses easy-to-read color-coding to tell you whether a product is functioning properly, detect errors and alert you if something is offline.

### STREAMLINED WORKFLOW & REPORTING

The system monitors usage patterns to maximize product life, helps identify the optimum product mix, creates customized reports and can even manage data from multiple facilities.

### SIMPLIFIED SERVICE

Asset Management provides automatic performance notifications and improves communication with Matrix and your service provider, all while reducing paperwork and hassle for you.

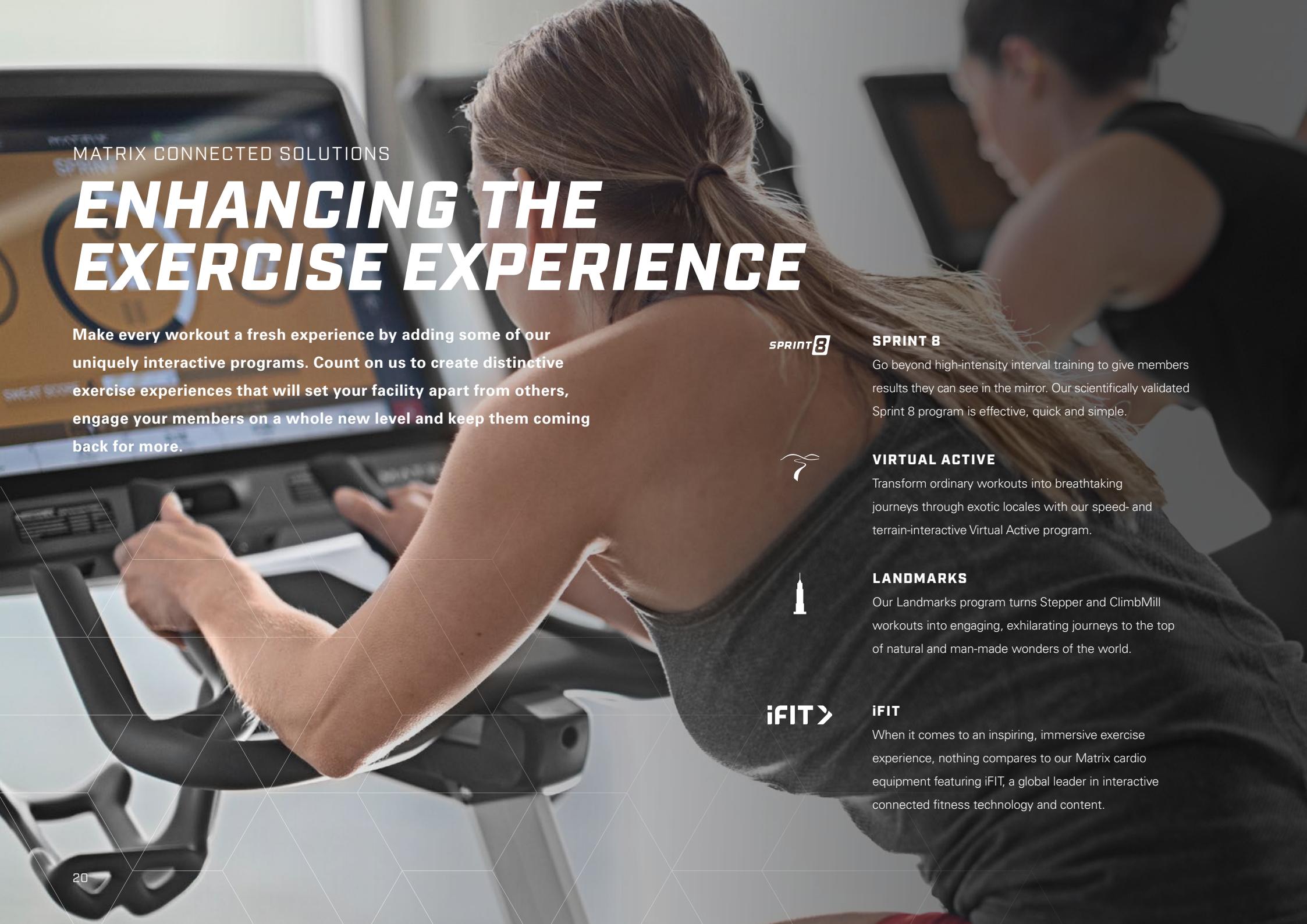
### SMART MARKETING TOOLS

When used with our Touch Consoles, Asset Management provides integrated facility calendar alerts, automated messaging to promote specials and customized welcome screens.

A screenshot of a tablet displaying the Asset Management software. The interface includes a top navigation bar with the "ASSET MANAGEMENT" logo and "Organizations", "Facilities", "Admin", and "Map" buttons. Below the navigation is a "Dashboard" section featuring a large image of a Matrix treadmill. To the right of the image is a list of equipment details:

|   |                  |
|---|------------------|
| <a href="#">Edit equipment name</a>         | Treadmill 01     |
| Equipment Name                              | MyGym            |
| Facility                                    | Cardio Floor     |
| <a href="#">Add item to equipment group</a> | Equipment Group  |
| FTM501Y180700064                            | CTM530E180700168 |
| Frame Serial Number                         | Console Serial   |
| Performance Treadmill with Touch Console    | Feb 02, 2021     |
| Model                                       | First Online     |

At the bottom of the screen, there are tabs for "Stats", "Documents", "Snapshots", "History", "Software Information", and "Events".

A close-up, slightly blurred photograph of a person's back and shoulder area as they exercise on a Matrix cardio machine. The person has long hair tied back in a ponytail. A hexagonal grid pattern is overlaid on the bottom left of the image.

MATRIX CONNECTED SOLUTIONS

# ENHANCING THE EXERCISE EXPERIENCE

Make every workout a fresh experience by adding some of our uniquely interactive programs. Count on us to create distinctive exercise experiences that will set your facility apart from others, engage your members on a whole new level and keep them coming back for more.

## SPRINT 8

### SPRINT 8

Go beyond high-intensity interval training to give members results they can see in the mirror. Our scientifically validated Sprint 8 program is effective, quick and simple.

## VIRTUAL ACTIVE

Transform ordinary workouts into breathtaking journeys through exotic locales with our speed- and terrain-interactive Virtual Active program.

## LANDMARKS

Our Landmarks program turns Stepper and ClimbMill workouts into engaging, exhilarating journeys to the top of natural and man-made wonders of the world.

## iFIT

iFIT

When it comes to an inspiring, immersive exercise experience, nothing compares to our Matrix cardio equipment featuring iFIT, a global leader in interactive connected fitness technology and content.

# FACILITY-SPECIFIC SOLUTIONS

Depending on what kind of fitness center you operate, some of our facility-specific solutions might be right for your goals and members. Check out RFID to streamline the exercise experience, digital TV if you'd like to add a little extra entertainment, remote audio to coordinate with your mounted big screens or IPTV and Pro:Idiom for a synced entertainment experience.



## DIGITAL TV

Keep users motivated and help them achieve their fitness goals with the industry's very best screen technology.



## REMOTE AUDIO

Enhance the exercise experience by syncing remote audio to your facility's big screens.



## IPTV

IPTV allows for a high-definition viewing experience on your cardio floor.



## RFID

Simple radio-frequency tags can give your members a seamless exercise experience from door to door, streamlining check-ins, workouts and purchasing from your vending centers.

Pro:Idiom

## PRO:IDIOM

A must-have for hotels, Pro:Idiom protects content providers from piracy while offering guests a synced entertainment experience.



## ANT+

Send data to the big screen to spark competition in the studio.



## BLE FTMS

Send data to smart phone apps for personal performance tracking in the studio.

# CONSOLE FLEXIBILITY

Our diverse collection of consoles is compatible with all Performance, Endurance and Lifestyle Series equipment to give you choices in what you put on your cardio floor. Sophisticated, easy-to-operate designs give your members control of the data they collect, the content that keeps them engaged and the way they reach their goals. You can also access our most powerful Connected Solutions with WiFi-enabled consoles, including Engage 360, Community 360 and Asset Management.



# TOUCH XL & TOUCH

Connect your members to stunning entertainment, social media favorites, brand-building communication and much more with the industry's best consoles. WiFi-enabled Touch Consoles feature an app-based interface that mimics familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving. They provide a smooth, hassle-free exercise experience thanks to complete workout feedback, Bluetooth and ANT+ connectivity, single-point user login, Wireless RFID login, built-in fan, power save mode with auto wake-up and more. Our WiFi-enabled Touch Consoles also work with our complete digital portfolio of Matrix Connected Solutions, including Engage 360, Community 360, Asset Management and more.

Choose Touch XL (56 cm / 22") for treadmills and ClimbMills from any series, or choose Touch (41 cm / 16") for all Performance, Endurance and Lifestyle Series equipment.



**FEATURES** WiFi enabled • Bluetooth and ANT+ enabled • Integrated Sprint 8 program • 60 integrated Virtual Active destinations • Wireless & USB charging • Connects to Apple Watch • Connects to Samsung Galaxy Watch • RFID and single-point user login • Customizable screen graphics, logos, and messaging • Standard iFIT on-demand workouts • Also available in limited feature set Touch XL Base and Touch Base models

# PREMIUM LED

Give members the simplicity of the classic LED console, now with more engaging color and detail than ever. An 8,000-pixel display fills the screen with color and sharp graphics, providing clear, easy-to-read feedback in large numbers and letters. Convenience features like optional RFID login, fan and reading rack for personal devices make every workout a seamlessly smooth experience. Our WiFi-enabled Premium LED Console works with select products from the Matrix Connected Solutions portfolio, including Engage 360, Community 360 and Asset Management.



**FEATURES** WiFi enabled • Bluetooth enabled • Sprint 8 program • USB charging • Optional RFID

# LED

Keep the exercise experience simple with our easy-to-use, easy-to-read LED Console. Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. To keep members on track for their goals, a large number display and a message center provide complete, easy-to-read workout feedback. Convenience features include optional RFID login, a headphone jack and a reading rack to keep personal devices easily accessible and in view. Add optional WiFi to work with select products from our Connected Solutions portfolio, including Engage 360, Community 360 and Asset Management.



**FEATURES** Optional WiFi • Optional RFID • USB charging



# CONSOLE SPECIFICATIONS



| MODEL NUMBER                     | TOUCH XL / TOUCH<br>TOUCH XL-C / TOUCH-C  | PREMIUM LED<br>PLED-C  | LED<br>LED-C   |
|----------------------------------|---|--|--|
| DISPLAY                          | <b>Touch XL:</b> 56 cm / 22" class capacitive touchscreen LCD<br><br><b>Touch:</b> 41 cm / 16" class capacitive touchscreen LCD   | 8,000 pixel multi-color LED  | Large number LED with message center   |
| WORKOUTS                         | Go, manual, Sprint 8", Landmarks**, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts*, glute training*, goal training, fitness tests, custom                                 | Go, manual, Sprint 8*, Landmarks**, target heart rate, interval training, fat burn, rolling hills, constant watts*, glute training*, 5k/10k, fitness tests | Go, manual, interval training, fat burn, rolling hills, constant watts*, target heart rate, glute training*, fitness tests |
| iFIT ON-DEMAND WORKOUTS          | Standard  | No   | No   |
| LANGUAGES                        | English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan | English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Russian, Turkish, Danish, Polish                                 | English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish                    |
| FAN                              | Yes   | Yes  | No   |
| ANALOG TV                        | NTSC, PAL, SECAM  | Optional; attachable add-on TV   | Optional; attachable add-on TV   |
| DIGITAL TV                       | ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2   | Optional; attachable add-on TV   | Optional; attachable add-on TV   |
| IPTV                             | Content: MPEG2/H262, AVC/H264, Protocols: UDP, RTSP, HTTP, HTTPS  | No   | No   |
| PRO:IDIOM COMPATIBILITY          | Optional; IPTV and coax   | Optional; attachable add-on Pro:idiom TV (≠ IPTV)  | Optional; attachable add-on Pro:idiom TV (≠ IPTV)  |
| WIFI                             | Yes   | Yes  | Optional; required for Asset Management and Community 360 App  |
| BLUETOOTH                        | Yes; headphones, heart rate, FTMS   | Yes; heart rate, FTMS  | No   |
| ANT+                             | Yes; heart rate   | No   | No   |
| RFID WIRELESS LOGIN              | Yes   | Optional   | Optional   |
| CONNECTS TO APPLE WATCH          | Yes   | Optional   | No   |
| CONNECTS TO SAMSUNG GALAXY WATCH | Yes   | No   | No   |
| MADE FOR IPHONE, IPAD            | Yes   | No   | No   |
| USB PORT                         | Yes; device charging, device media, software updates  | Yes; device charging, software updates   | Yes; device charging, software updates   |
| WIRELESS CHARGING (QI)           | Yes   | No   | No   |
| CSAFE READY                      | Yes   | Yes  | Yes  |
| AUTO WAKE-UP                     | Yes   | No   | No   |

For warranty & service information, visit: [matrixfitness.com/support](http://matrixfitness.com/support)

\*Workout not available on all modalities. \*\*Landmarks only available on ClimbMills and Steppers.

# SERIES OVERVIEW

**Whether fitness is your business or just a part of what you do, your choices make all the difference. That's why we've reimagined our offering, making it easier to choose the solutions right for your budget, your space and the people you serve. Our three new cardio series are compatible with five refined consoles for exciting new combinations of performance and technology. When it comes to achieving your goals, it's easy to choose Matrix – and know you've chosen wisely.**

## PERFORMANCE SERIES /

For fitness facilities that demand the best, our Performance Series provides an unmatched portfolio of premium cardio equipment. A refined aesthetic sets your facility apart in a way that attracts exercise enthusiasts of all kinds and keeps them coming back for more. Our precision-engineered designs and rugged components are tested against the highest international standards, ready for the most intense workouts. Ergonomically refined touchpoints like seats, handlebars, sealed buttons and smart workout controls make even long, hard workouts comfortable, convenient and intuitive. A range of advanced features simplify and reduce service needs to minimize downtime and maximize member satisfaction.

## ENDURANCE SERIES /

The Endurance Series offers design and flexibility that makes it easy for your fitness facility to maximize its resources with every decision. Streamlined designs simplify the exercise experience while still providing premium performance that can challenge cardio enthusiasts. When it comes to durability, everything from the Endurance Series is designed and tested to stand up to tough environments and heavy use for years. Best of all, our Endurance Series can meet you where you need to be when it comes to features, functions and your budget.

## LIFESTYLE SERIES /

If fitness is a small but important part of your offering, Matrix has cardio equipment that fits your space, your budget and your brand. Choose our Lifestyle Series equipment for value-conscious design, reliable performance and a unified aesthetic that welcomes all the different people you serve. Simplified operation makes it easy for anyone to start a workout, even users who are unfamiliar with exercise equipment.



# RUN WITH A LEADER

Striking the perfect balance between engineering and aesthetics, our treadmills attract more attention and require less maintenance than anything you put next to them.

## *TREADMILLS*



**PERFORMANCE PLUS**  
*TREADMILL*

If you want to make your facility stand out with an exceptional running experience, nothing outperforms or outlasts our Performance Plus Treadmill.



COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED

157 x 61 cm / 62" x 24" running surface • 5.0 hp AC Dynamic Response Drive System • 20% incline  
26 km/h / 16 mph top speed • 26.7 cm / 10.5" step-on height • 227 kg / 500 lbs. max weight capacity

Our shock-absorbing Pure Stride Cushioning System and Dynamic Response Drive System, make even the most intense runs feel comfortable, solid and smooth. Our unique belt and drive combination lasts for up to 100,000 miles with an absolute minimum of maintenance. It's also quieter than traditional treadmills at most speeds, and quieter than competitive slat-belt treadmills with significantly fewer vibrations. Sculpted ergonomic features like continuous multi-grip handlebars make every touchpoint more comfortable, and robust design details like cast-aluminum endcaps withstand intense environments and heavy use for years. Smart features like easily removable side rails, a front-accessible component cover and built-in casters streamline maintenance and service, so your most demanding members can count on a good, hard run every time they visit your facility.



## PERFORMANCE TREADMILL

Our Performance Treadmill is nothing short of ideal for long, hard runs, high-intensity interval training and group exercise that pushes members to their limits. Our Dynamic Response Drive System makes every step feel smooth and in sync and the durable, comfort-enhancing components of our Ultimate Deck stand up to a steady stream of members for years. Sculpted ergonomic features like continuous multi-grip handlebars make every touchpoint more comfortable, and robust design details like cast-aluminum endcaps withstand intense environments and heavy use.



### COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED

152 x 56 cm / 60" x 22" running surface  
5.0 hp AC Dynamic Response Drive System  
18% incline  
23 km/h / 15 mph top speed  
24 cm / 9.5" step-on height  
182 kg / 400 lbs. max weight capacity

## ENDURANCE TREADMILL

Our Endurance Treadmill provides the dynamic performance and large running area exercise enthusiasts need for intense workouts, plus a simplicity of design that lets those new to fitness get started immediately. Our Dynamic Response Drive System makes every step feel smooth and in sync whether users are running hard or just getting started on their fitness journey, and our Ultimate Deck enhances comfort while providing durability that lasts.



### COMPATIBLE CONSOLES



TOUCH XL

TOUCH

PREMIUM LED

LED

152 x 56 cm / 60" x 22" running surface • 4.2 hp AC Dynamic Response Drive System • 15% incline  
20 km/h / 12 mph top speed • 23 cm / 9" step-on height • 182 kg / 400 lbs. max weight capacity

## LIFESTYLE TREADMILL

Our Lifestyle Treadmill gives the people you serve a solid run with a reliable, space-saving design. Our Dynamic Response Drive System makes every step feel smooth and in sync, and our Ultimate Deck is as comfortable as it is durable. A smaller frame and a low step-on height makes cardio exercise accessible to virtually anyone, even when space is at a premium. An easy-to-open motor cover streamlines service and maintenance by helping technicians get in and out more quickly.



### COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED

152 x 56 cm / 60" x 22" running surface • 4.2 hp AC Dynamic Response Drive System • 15% incline  
20 km/h / 12 mph top speed • 17.8 cm / 7" step-on height • 182 kg / 400 lbs. max weight capacity

# TREADMILL SPECIFICATIONS

| MODEL NUMBER            | PERFORMANCE PLUS<br>T-PP-F                           | PERFORMANCE<br>T-PS-F                                | ENDURANCE<br>T-ES-F                                  | LIFESTYLE<br>T-LS-F                                  |
|-------------------------|--|--|--|--|
| DRIVE SYSTEM            | 5.0 hp AC Dynamic Response Drive System              | 5.0 hp AC Dynamic Response Drive System              | 4.2 hp AC Dynamic Response Drive System              | 4.2 hp AC Dynamic Response Drive System              |
| SPEED RANGE             | 0.8–26 km/h / 0.5–16 mph                             | 0.8–23 km/h / 0.5–15 mph                             | 0.8–20 km/h / 0.5–12 mph                             | 0.8–20 km/h / 0.5–12 mph                             |
| INCLINE RANGE           | 0–20% (748.4 kg / 1,650-lb. thrust-elevation motor)  | 0–18% (657.7 kg / 1,300-lb. thrust-elevation motor)  | 0–15% (317.5 kg / 700-lb. thrust-elevation motor)    | 0–15% (317.5 kg / 700-lb. thrust-elevation motor)    |
| RUNNING SURFACE AREA    | 157 x 61 cm / 62" x 24"                              | 152 x 56 cm / 60" x 22"                              | 152 x 56 cm / 60" x 22"                              | 152 x 56 cm / 60" x 22"                              |
| RUNNING SURFACE TYPE    | Slat belt  | Belt and deck  | Belt and deck  | Belt and deck  |
| CUSHIONING SYSTEM       | Pure Stride  | Ultimate Deck  | Ultimate Deck  | Ultimate Deck  |
| HANDLEBAR DESIGN        | Continuous multi-grip design                         | Continuous multi-grip design                         | Molded ergo-grip design                              | Molded ergo-grip design                              |
| CROSSBAR CONTROLS       | Yes  | Yes  | Yes  | Yes  |
| CONTACT & TELEMETRIC HR | Yes  | Yes  | Yes  | Yes  |
| STEP-ON HEIGHT          | 26.7 cm / 10.5"                                      | 24 cm / 9.5"   | 23 cm / 9"   | 17.8 cm / 7"   |
| SERVICE CASTER          | Yes  | Optional   | No   | No   |
| CAST ALUMINUM END CAPS  | Yes  | Yes  | No   | No   |
| MAX USER WEIGHT         | 227 kg / 500 lbs.                                    | 182 kg / 400 lbs.                                    | 182 kg / 400 lbs.                                    | 182 kg / 400 lbs.                                    |
| ETHERNET CONNECTIVITY   | Yes  | Yes  | Yes  | Yes  |
| TREAD SENSE             | Yes  | Yes  | Yes  | Yes  |
| ASSEMBLED DIMENSIONS    | 227 x 92.6 x 168.9 cm / 89.4" x 36.5" x 66.5"        | 220.2 x 92.6 x 168.5 cm / 86.7" x 36.5" x 66.3"      | 213 x 87 x 163 cm / 83.9" x 34.3" x 64.2"            | 201.1 x 90.4 x 164.2 cm / 79.2" x 35.6" x 64.6"      |
| POWER REQUIREMENTS      | 20 A dedicated circuit required, non-looped grounded |

For warranty & service information, visit: [matrixfitness.com/support](http://matrixfitness.com/support)

# HARMONY OF DESIGN AND NATURAL MOVEMENT

We listened. We watched. We designed. And we developed equipment that provides smooth, stable, natural movement for more comfortable, more efficient workouts.

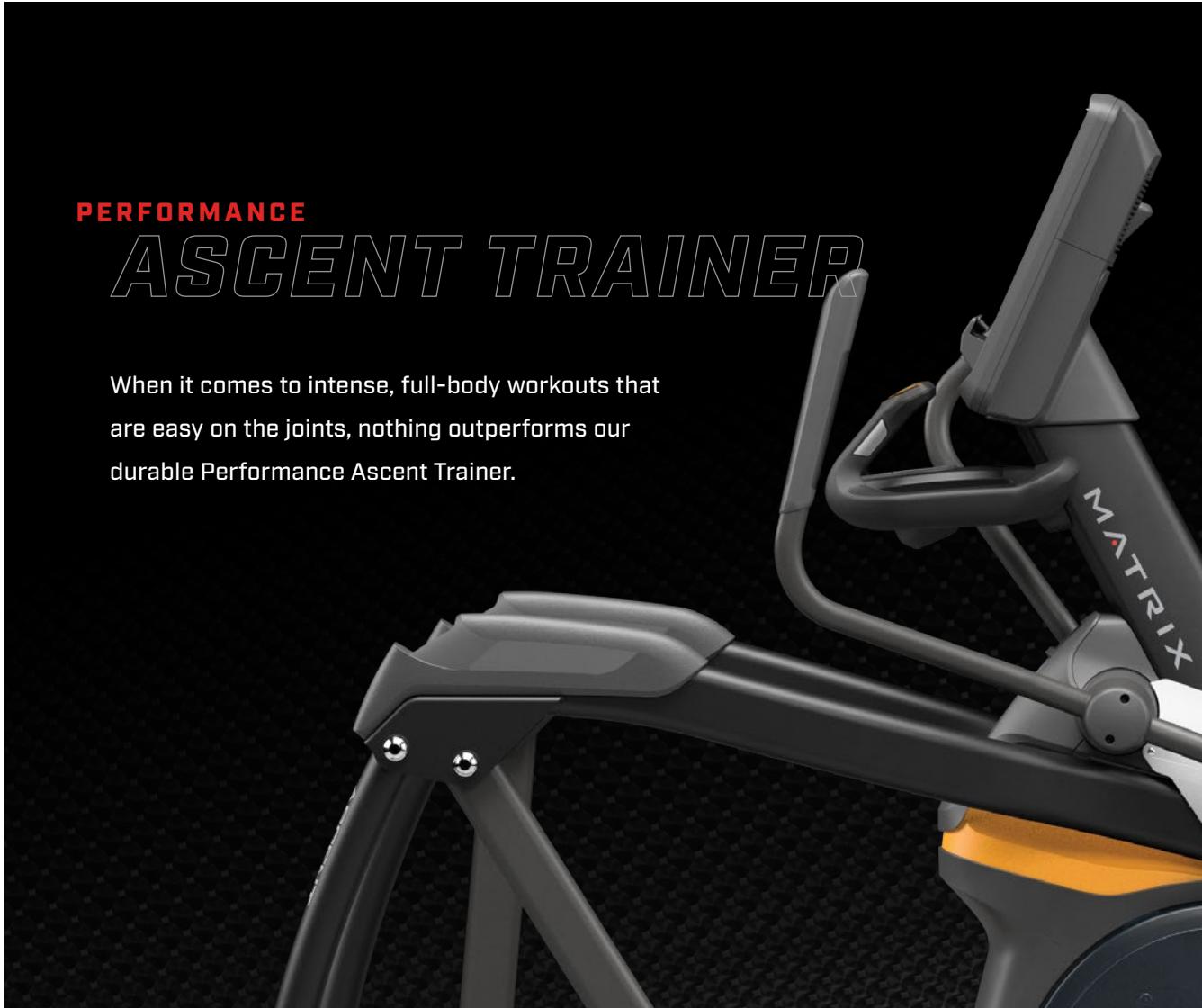
## *ASCENT & ELLIPTICALS*



**PERFORMANCE**

# ASCENT TRAINER

When it comes to intense, full-body workouts that are easy on the joints, nothing outperforms our durable Performance Ascent Trainer.



**COMPATIBLE CONSOLES**



TOUCH XI

TOUCH

PREMIUM LED

LED

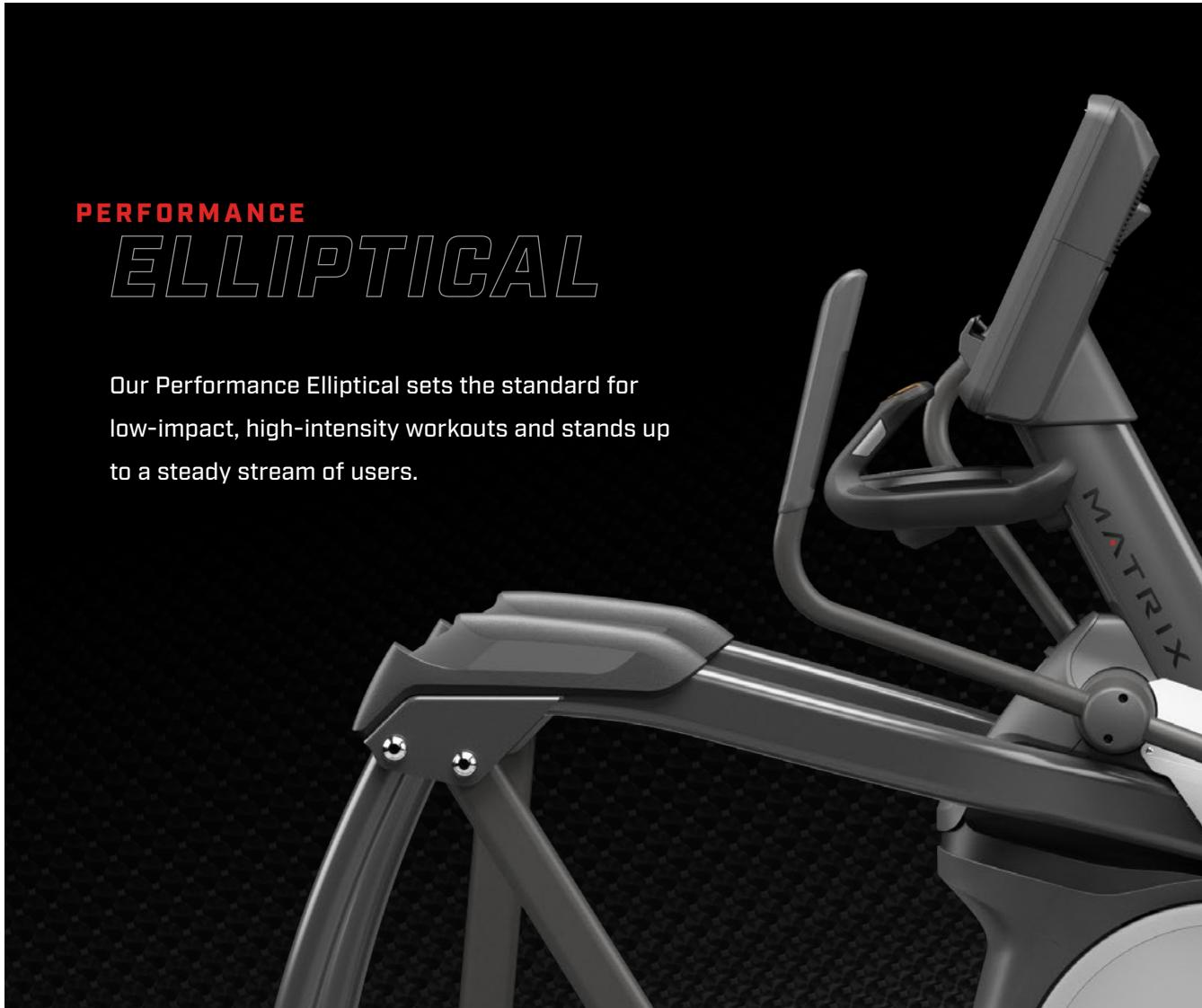
51-61 cm / 21-24" variable stride length • 20-33 cm / 8-13" adjustable incline • 24.1 cm / 9.5" step-on height  
182 kg / 400 lbs. max weight capacity • Self-powered options • Lower Body Ascent Trainer also available



Adjustable incline with variable stride length takes workouts to the next level, engaging glutes, hamstrings and core muscles. Our patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Ergo Form grips, contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural. Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray. A smart design featuring top-down levelers and a removable disk makes service and maintenance easier than ever.

**PERFORMANCE**  
*ELLIPTICAL*

Our Performance Elliptical sets the standard for low-impact, high-intensity workouts and stands up to a steady stream of users.



COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED

53.3 cm / 21" stride length • 24.1 cm / 9.5" step-on height  
182 kg / 400 lbs. max weight capacity • Self-powered options



The patented suspension design is completely wheel-and track-free, reducing noise and minimizing friction to extend product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Ergo Form grips, contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural. Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray. A smart design featuring top-down levelers and a removable disk makes service and maintenance easier than ever.

## ENDURANCE ELLIPTICAL

Our durable Endurance Elliptical is ideal for workouts of any intensity, offering low-impact exercise to members of all kinds. A patented suspension design minimizes noise and friction, extending product life, while constant rate of acceleration provides an ultra-smooth feel all the way through the ellipse. Contralateral handlebar action, optimized pedal spacing and oversized pedals make every movement feel natural.

Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray. A smart design featuring top-down levelers makes adjustments easier after installation, maintenance and use.



### COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED

53.3 cm / 21" stride length  
24.1 cm / 9.5" step-on height  
182 kg / 400 lbs. max weight capacity  
Self-powered options

## LIFESTYLE ELLIPTICAL

Intended for light-use environments, our Lifestyle Elliptical features a compact footprint that lets you offer low-impact, natural workouts in facilities where space is at a premium. Our patented suspension design is completely wheel- and track-free, reducing noise and minimizing friction to extend product life. Optimized pedal spacing and oversized pedals make every movement feel natural. Convenience features include low step-on height, rear entry, contact and telemetric heart rate tracking, a water bottle holder and an accessory tray.



### COMPATIBLE CONSOLES



TOUCH XL

TOUCH

PREMIUM LED

LED

51 cm / 20" stride length • 23.1 cm / 9.1" step-on height  
182 kg / 400 lbs. max weight capacity • Self-powered options



# ASCENT & ELLIPTICAL SPECIFICATIONS

## ASCENT TRAINER

|                         | PERFORMANCE                               |
|-------------------------|---|
| MODEL NUMBER            | A-PS-F                                    |
| RESISTANCE SYSTEM       | Brushless generator                       |
| MINIMUM WATTS*          | 5 W powered or 35 W self-powered          |
| MINIMUM RPM*            | 10 RPM powered or 30 RPM self-powered     |
| STRIDE LENGTH           | 51–61 cm / 20–24" adjustable              |
| STEP-ON HEIGHT          | 24.1 cm / 9.5"                            |
| PEDAL SPACING           | 6.4 cm / 2.5"                             |
| WATT RANGE              | 5–650 W                                   |
| CONTACT & TELEMETRIC HR | Yes                                       |
| TOP-DOWN LEVELERS       | Yes                                       |
| MAX USER WEIGHT         | 182 kg / 400 lbs.                         |
| ETHERNET CONNECTIVITY   | Yes                                       |
| ASSEMBLED DIMENSIONS    | 178 x 74 x 181 cm / 70.1" x 29.1" x 71.3" |
| POWER REQUIREMENTS*     | Self-powered or 100–240 V — 50/60 Hz AC   |

## ELLIPTICALS

|                         | PERFORMANCE                               | ENDURANCE                                   | LIFESTYLE                                     |
|-------------------------|---|---|---|
| MODEL NUMBER            | E-PS-F                                    | E-ES-F                                      | E-LS-F  |
| RESISTANCE SYSTEM       | Brushless generator                       | Brushless generator                         | Brushless generator                           |
| MINIMUM WATTS*          | 5 W powered or 35 W self-powered          | 5 W powered or 35 W self-powered            | 5 W powered or 35 W self-powered              |
| MINIMUM RPM*            | 10 RPM powered or 30 RPM self-powered     | 10 RPM powered or 30 RPM self-powered       | 10 RPM powered or 30 RPM self-powered         |
| STRIDE LENGTH           | 53.3 cm / 21"                             | 53.3 cm / 21"                               | 51 cm / 20"                                   |
| STEP-ON HEIGHT          | 24.1 cm / 9.5"                            | 24.1 cm / 9.5"                              | 23 cm / 9.1"                                  |
| PEDAL SPACING           | 6.4 cm / 2.5"                             | 6.4 cm / 2.5"                               | 6.4 cm / 2.5"                                 |
| WATT RANGE              | 5–650 W                                   | 5–705 W                                     | 5–650 W                                       |
| CONTACT & TELEMETRIC HR | Yes                                       | Yes   | Yes   |
| TOP-DOWN LEVELERS       | Yes                                       | Yes   | No  |
| MAX USER WEIGHT         | 182 kg / 400 lbs.                         | 182 kg / 400 lbs.                           | 182 kg / 400 lbs.                             |
| ETHERNET CONNECTIVITY   | Yes                                       | Yes   | Yes   |
| ASSEMBLED DIMENSIONS    | 178 x 74 x 181 cm / 70.1" x 29.1" x 71.3" | 174.5 x 74 x 179 cm / 68.7" x 29.1" x 70.5" | 174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2" |
| POWER REQUIREMENTS*     | Self-powered or 100–240 V — 50/60 Hz AC   | Self-powered or 100–240 V — 50/60 Hz AC     | Self-powered or 100–240 V — 50/60 Hz AC       |

# STEP UP TO THE BEST

Give your members the truest stair-climbing workout on the market with high-design, low-maintenance equipment that can live virtually anywhere in your facility.

## CLIMBMILLS & STEPPERS



## PERFORMANCE

# CLIMBMILL

The premium design of our Performance ClimbMill provides the most secure stair-climbing workout in the industry.



### COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED

25.4 cm / 10" step depth • 20.3 cm / 8" step height • Oil-free ECB modular system with motorcycle-grade, sealed drive chain • 25.4 cm / 10" step-on height • 182 kg / 400 lbs. max weight capacity • EN ISO 20957-8 certified

The Control Zone sensor instantly stops the stairs if triggered by an object or person, while Control Drive stops the steps if anything pushes against their rotation; exceeding industry standards for stair-climbing security. Extra-deep locking steps, a step-up platform and step-positioning software make getting a workout easier than ever, while sculpted ergonomics make every touchpoint more comfortable. Our unique Sweat Management System protects critical components to extend equipment life, and the oil-free drive system is as durable as it is whisper-quiet. Smart features like side access panels, modular components and an internal service light streamline maintenance, while rear-locking, leveling casters offer easy placement.



## ENDURANCE CLIMBMILL

A blend of streamlined design and smooth operation makes it easy for beginners to start climbing and enthusiasts to climb further than ever. Extra-deep, locking steps and step-positioning software make getting a workout easier, while sculpted ergonomics make every touchpoint more comfortable. Our unique Sweat Management System protects critical components to extend equipment life, and the oil-free drive system is as durable as it is whisper-quiet. Smart features like side access panels, modular components and an internal service light streamline maintenance and minimize downtime.

### COMPATIBLE CONSOLES



TOUCH XI

TOUCH

PREMIUM LED

LED



25.4 cm / 10" step depth

20.3 cm / 8" step height

Oil-free ECB modular system with  
industrial-grade drive chain

36 cm / 14" step-on height

182 kg / 400 lbs. max weight capacity

EN ISO 20957-8 certified

## LIFESTYLE CLIMBMILL

Created for low-volume facilities, our Lifestyle ClimbMill features a compact design that makes it possible to bring climbing workouts to facilities with lower ceilings. Deep, locking steps and step-positioning software make getting a workout easier. Our unique Sweat Management System protects critical components to extend equipment life, and the oil-free drive system is as durable as it is whisper-quiet. Smart features like a front access panel and modular components streamline maintenance and minimize downtime.



### COMPATIBLE CONSOLES



TOUCH XL

TOUCH

PREMIUM LED

LED

22.9 cm / 9" step depth • 14.3 cm / 5.6" step height • Oil-free ECB modular system with industrial-grade drive chain • 26.7 cm / 10.5" step-on height • 136 kg / 300 lbs. max weight capacity • EN ISO 20957-8 certified



# CLIMBMILL SPECIFICATIONS

| MODEL NUMBER            | PERFORMANCE   | ENDURANCE   | LIFESTYLE   |
|-------------------------|---|---|---|
|                         | C-PS-F  | C-ES-F  | C-LS-F  |
| DRIVE SYSTEM            | Clutched ECB with motorcycle-grade, sealed drive chain and belt | Clutched ECB with industrial-grade drive chain and belt | Clutched ECB with industrial-grade drive chain and belt |
| STEP DIMENSIONS         | 25.4 x 46 x 20.3 cm / 10" x 18" x 8"                            | 25.4 x 46 x 20.3 cm / 10" x 18" x 8"                    | 23 x 40.2 x 14.3 cm / 9" x 15.8" x 5.6"                 |
| HANDLEBAR DESIGN        | Perimeter   | Perimeter   | Side  |
| AUTO-STOP FUNCTION      | Yes; frame mounted IR   | Yes; frame mounted IR                                   | Yes; frame mounted IR                                   |
| CONTROL ZONE            | Yes   | No  | No  |
| LOCKING STAIRCASE       | Yes   | Yes   | Yes   |
| TOP-DOWN LEVELERS       | Yes   | Yes   | No  |
| CONTACT & TELEMETRIC HR | Yes   | Yes   | Yes   |
| STEP-ON HEIGHT          | 25.4 cm / 10"   | 36 cm / 14"   | 26.7 cm / 10.5"   |
| SERVICE CASTER          | Yes   | No  | No  |
| MINIMUM USER WEIGHT     | 45 kg / 99 lbs.   | 45 kg / 99 lbs.   | 45 kg / 99 lbs.   |
| MAXIMUM USER WEIGHT     | 182 kg / 400 lbs.   | 182 kg / 400 lbs.                                       | 136 kg / 300 lbs.                                       |
| ETHERNET CONNECTIVITY   | Yes   | Yes   | Yes   |
| ASSEMBLED DIMENSIONS    | 182.5 x 102.4 x 219.1 cm / 71.9" x 40.3" x 86.3"                | 161.2 x 102.4 x 218 cm / 63.5" x 40.3" x 85.8"          | 160 x 72 x 208 cm / 63.1" x 28.2" x 81.7"               |
| POWER REQUIREMENTS      | 100–240 V — 50/60Hz AC  | 100–240 V — 50/60Hz AC                                  | 100–240 V — 50/60Hz AC                                  |

## ENDURANCE **STEPPER**

For a workout that's natural and invigorating, our stepper delivers a superior stair-climbing experience for beginners and enthusiasts alike.



### COMPATIBLE CONSOLES



TOUCH

PREMIUM LED

GT LED

LED

31 cm / 12.2" step range • 182 kg / 400 lbs. max weight capacity • Self-powered options



Our unique design features an angled, independent motion that lets members experience the feel of real stair climbing. Generously sized non-slip pedals give members a secure feel, conveniently placed and responsive controls make adjusting the resistance easy, and a low-maintenance belt drive makes every step smooth and quiet.

**ENDURANCE STEPPER**  
S-ES-F

|                                    |   |
|------------------------------------|---|
| <b>DRIVE SYSTEM</b>                | Maintenance-free belt                       |
| <b>RESISTANCE SYSTEM</b>           | Hybrid generator                            |
| <b>MINIMUM WATTS*</b>              | 18 W powered or self-powered                |
| <b>PEDAL SPACING</b>               | 8.4 cm / 3.3"                               |
| <b>STEP RANGE</b>                  | 31 cm / 12.2"                               |
| <b>TOP-DOWN LEVELERS</b>           | No  |
| <b>CONTACT &amp; TELEMETRIC HR</b> | Yes   |
| <b>SERVICE CASTER</b>              | No  |
| <b>MAXIMUM USER WEIGHT</b>         | 182 kg / 400 lbs.                           |
| <b>ETHERNET CONNECTIVITY</b>       | Yes   |
| <b>ASSEMBLED DIMENSIONS</b>        | 114.3 x 78.7 x 179.1 cm / 45" x 31" x 70.5" |
| <b>POWER REQUIREMENTS*</b>         | Self-powered or 100–240 V — 50/60 Hz AC     |

\*Touch consoles not available as self-powered.

# A BETTER RIDE BY DESIGN

Performance, comfort and styling make our cycles a favorite for members, while easy use and streamlined maintenance make them a top choice for owners, trainers and service techs. And with self-powered options, you can place them anywhere in your facility.

## CYCLES





## PERFORMANCE

# RECUMBENT CYCLE

Our ultra-durable, ergonomically refined Performance Recumbent Cycle distributes weight and maximizes support for comfortable, low-impact cardio.



### COMPATIBLE CONSOLES



TOUCH

PREMIUM LED

LED

17.5 cm / 6.9" pedal spacing • 182 kg / 400 lbs. max weight capacity • Self-powered options

Make low-impact cardio workouts accessible to everyone with our ultra-durable Performance Recumbent Cycle. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. The seat adjusts easily with just one hand to fit each new rider, while low step-over height, oversized self-balancing pedals and low-watt starting resistance make it easy for virtually anyone to have a superior low-impact workout. The robust components withstand intense environments and heavy use for years, and smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.



**ENDURANCE****RECUMBENT CYCLE**

Our Endurance Recumbent Cycle offers an accessible cardio workout that virtually anyone can enjoy. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. The seat adjusts easily with just one hand to fit each new rider, while low step-over height, self-balancing pedals and low-watt starting resistance make it easy for virtually anyone to get a satisfying low-impact workout. Smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.



17.5 cm / 6.9" pedal spacing  
182 kg / 400 lbs. max weight capacity  
Self-powered options

**COMPATIBLE CONSOLES**

TOUCH

PREMIUM LED

LED

## LIFESTYLE

## RECUMBENT CYCLE

If space is at a premium in your facility, choose our compact Lifestyle Recumbent Cycle to add low-impact cardio that's accessible to everyone. The recumbent design features an ergonomic seat and back that distribute weight for superior support, stability and comfort. Additionally, step-through design, self-balancing pedals and low-watt starting resistance make it easy to get a low-impact workout. A three-piece crank with forged arms reduces service time.



## COMPATIBLE CONSOLES



TOUCH

PREMIUM LED

LED

20.2 cm / 8" pedal spacing • 182 kg / 400 lbs. max weight capacity • Self-powered options

## PERFORMANCE UPRIGHT CYCLE

When it comes to providing unmatched cardio exercise and durability that lasts, nothing outrides our Performance Upright Cycle. Race-inspired handlebars with elbow rests and refined ergonomic details create the feel of a real outdoor ride. The seat adjusts easily with just one hand to fit each new rider, while low step-over height and oversized self-balancing pedals make it easy to have a superior low-impact workout. The robust components withstand intense environments and heavy use for years, and smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.



17.5 cm / 6.9" pedal spacing  
182 kg / 400 lbs. max weight capacity  
Self-powered options

### COMPATIBLE CONSOLES



TOUCH

PREMIUM LED

LED

## ENDURANCE UPRIGHT CYCLE

Give your members the essentials of an invigorating ride with our Endurance Upright Cycle. Race-inspired handlebars with elbow rests create the feel of a real outdoor ride. The seat adjusts easily with just one hand to fit each new rider, while low step-over height, self-balancing pedals and low-watt starting resistance make it easy for virtually anyone to have a satisfying low-impact workout. Smart features like top-down leveling, an integrated transport handle and a three-piece crank with forged arms streamline service and maintenance.



### COMPATIBLE CONSOLES



TOUCH

PREMIUM LED

LED

17.5 cm / 6.9" pedal spacing • 182 kg / 400 lbs. max weight capacity • Self-powered options

## LIFESTYLE

## UPRIGHT CYCLE

A great choice for low-volume fitness facilities, our Lifestyle Upright Cycle brings low-impact cardio to your facility with a compact frame that makes the most of your space. Dual-position handlebars and an ergonomic seat make every ride comfortable. The seat quickly adjusts to fit users of all heights, while step-through design, self-balancing pedals and low-watt starting resistance make it easy to get a low-impact workout. A three-piece crank with forged arms reduces service time.



## COMPATIBLE CONSOLES



TOUCH

PREMIUM LED

LED

20.2 cm / 8" pedal spacing • 182 kg / 400 lbs. max weight capacity • Self-powered options

# CYCLE SPECIFICATIONS

| MODEL NUMBER            | PERFORMANCE  |  | ENDURANCE  |  | LIFESTYLE  |  |
|-------------------------|--|--|--|--|--|--|
|                         | RECLINER<br>R-PS-F                                 | UPRIGHT<br>U-PS-F                                  | RECLINER<br>R-ES-F                                 | UPRIGHT<br>U-ES-F                                  | RECLINER<br>R-LS-F                                 | UPRIGHT<br>U-LS-F                                  |
| RESISTANCE SYSTEM       | Brushless generator                                |
| MINIMUM WATTS*          | 4 W powered or<br>10 W self-powered                | 4 W powered or<br>10 W self-powered                | 2 W powered or<br>13 W self-powered                | 2 W powered or<br>13 W self-powered                | 2 W powered or 13 W self-powered                   | 2 W powered or<br>13 W self-powered                |
| MINIMUM RPM*            | 10 RPM powered or<br>25 RPM self-powered           |
| PEDAL SPACING           | 17.5 cm / 6.9"                                     | 20.2 cm / 8"                                       | 20.2 cm / 8"                                       |
| SEAT MATERIAL           | Custom one-piece, molded seat back and bottom      | Custom one-piece, molded seat                      | Custom one-piece, molded seat back and bottom      | Sewn vinyl over foam                               | Custom one-piece, molded seat back and bottom      | Sewn vinyl over foam                               |
| SEAT ADJUSTMENT         | Single-hand lever                                  | Single-hand lever                                  | Single-hand lever                                  | Single-hand lever                                  | Single hand lever                                  | Turn-and-pull knob                                 |
| HANDLEBAR DESIGN        | Seat side; front ergo bend                         | Custom-molded, racing design with elbow support    | Seat side; front ergo bend                         | Racing design with elbow support                   | Seat side; front ergo bend                         | Dual-position                                      |
| CRANK DESIGN            | Three piece with forged arms and integrated puller | Three piece with forged arms and integrated puller | Three piece with forged arms and integrated puller | Three piece with forged arms and integrated puller | Three piece with forged arms and integrated puller | Three piece with forged arms and integrated puller |
| TOP-DOWN LEVELERS       | Yes  | Yes  | Yes  | Yes  | No   | No   |
| CONTACT & TELEMETRIC HR | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  |
| REAR-LIFT HANDLE        | Yes  | Yes  | Yes  | Yes  | No   | No   |
| MAXIMUM USER WEIGHT     | 182 kg / 400 lbs.                                  |
| ETHERNET CONNECTIVITY   | Yes  | Yes  | Yes  | Yes  | Yes  | Yes  |
| ASSEMBLED DIMENSIONS    | 150 x 65 x 143 cm /<br>59.1" x 25.6" x 56.3"       | 136 x 65 x 155 cm /<br>53.5" x 25.6" x 61"         | 154.3 x 67.4 x 144.2 cm /<br>60.7" x 26.5" x 56.8" | 122 x 74.4 x 152.1 cm /<br>48" x 29.3" x 59.9"     | 158.3 x 67.3 x 132.7 cm /<br>62.3" x 26.5" x 52.2" | 129.4 x 61.7 x 147.4 cm /<br>50.9" x 24.3" x 58"   |
| POWER REQUIREMENTS*     | Self-powered or 100–240 V —<br>50/60 Hz AC         |

# SHATTER LIMITS TOGETHER

Add our unique training solutions to your cardio floor to give members the kind of heart-pumping variety they crave. Challenge your members with the versatile intensity of our user-driven S-Drive Performance Trainers. Add our rower to your cardio floor for low-impact cardio that strengthens the whole body. You can even create an advanced, accessible workout experience with our exciting Training Cycles.

## *CARDIO FLOOR SOLUTIONS*



# **TOTAL BODY CYCLE**

**Transform cardio into intense, total-body exercise with an air cycle specifically reimagined for group training and HIIT workouts.**

## **BUILT TO LAST**

The Total Body Cycle is built to stand up to tough HIIT and group training sessions for years.

## **OPTIMIZED FOR QUICK TRANSITIONS**

From group circuits to HIIT workouts on your cardio floor, the Total Body Cycle has been optimized for quick transitions between rides and riders.

## **STREAMLINED SERVICE & MAINTENANCE**

Never sacrifice sweat for service. Our robust air cycle streamlines service and maintenance to minimize down-time between training sessions.



# TOTAL BODY CYCLE

Make group training and HIIT more intense than ever with a cycle that transforms cardio workouts into total body exercise. Air resistance increases the challenge the harder riders pedal, push and pull, and a design reimagined for group training and HIIT includes seamlessly smooth adjustments between riders, multi-grip handlebars and a frame reinforced with heavy-duty steel.



Belt-drive air resistance • Quick-pull lever seat adjustments • Multi-grip handlebars • Integrated transport handle  
Smart device storage • Backlit LCD console tracks watts, RPMs, heart rate, calories, time and distance

# UPPER BODY CYCLES

Now you can engage all the people at your facility with our inclusive new cardio experience. Our Upper Body Cycles build progressive strength and endurance with synchronous, asynchronous and independent arm rotations, using repeatable resistance just right for each individual. For both seated and standing workouts, our Upper Body Cycles adjust quickly and intuitively to get each unique user started.

## SMOOTH, ACCESSIBLE EXERCISE

Smooth-moving synchronous, asynchronous and independent rotations let users of all ability levels take part in cardio.

## INCLUSIVE & VERSATILE WORKOUTS

The contoured seats flip out of the way easily and store on the cycles for standing or wheelchair-accessible workouts.

## SEAMLESS TRANSITIONS

- One-touch height adjustment adapts the cycles to each user's unique body and makes transitions between users quick and easy.

## INSTANT ROTATION ADJUSTMENTS

Crank locks let users quickly adjust the rotation from fixed to free movement to fit their ability levels and goals.



UBC-P

# UPPER BODY CYCLE

UBC-P adds a unique and engaging cardio experience to your facility.

To offer a goal-driven exercise experience, choose our UBC-P, featuring a colorful, metric-tracking Target Training Display, a variety of integrated training programs, precise, repeatable electronic resistance and automatic resistance changes for HIIT workouts.



Integrated Programs including Sprint 8 • Personalized progress metrics  
Connectivity • Precise, repeatable electronic resistance • Automatic resistance changes

UBC-M

# UPPER BODY CYCLE

Add a unique, accessible experience to both group training and your cardio floor with our UBC-M. Featuring easily adjustable manual resistance and a backlit LCD that provides complete workout feedback. A self-powered, portable design makes it easy to move for circuits and classes, while intuitive adjustments help all users get started.



Self-powered • Conveniently portable design • Backlit LCD • Repeatable magnetic resistance • Intuitive resistance lever

# CYCLE SPECIFICATIONS

## TOTAL BODY CYCLE

| MODEL NUMBER            | TBCC   |
|-------------------------|--|
| <b>CONSOLE SPECS</b>    |  |
| Display                 | Backlit LCD  |
| Display Feedback        | Heart rate*, watts, RPM, time, distance, calories* |
| WiFi                    | No   |
| Bluetooth               | No   |
| ANT+                    | Yes; heart rate                                    |
| Contact & Telemetric HR | Telemetric only                                    |
| Power Requirements      | Battery-powered                                    |
| <b>FRAME SPECS</b>      |  |
| Drive System            | Flexonic belt                                      |
| Power Measurement       | Calculated watts                                   |
| Resistance System       | Air  |
| Pedal Type              | Wide pedal with anti-slip texture                  |
| Seat Design             | Ergonomically sculpted seat                        |
| Seat Adjustment         | Vertical & horizontal                              |
| Handlebar Design        | Ergo-formed, multi-position, soft PVC              |
| Handlebar Adjustment    | Fixed  |
| Crank Design            | 4-way tapered forged steel cranks                  |
| Leveling Feet           | 4  |
| Rear-lift Handle        | Yes  |
| Maximum User Weight     | 158.8 kg / 350 lbs.                                |
| Ethernet Connectivity   | No   |
| Assembled Dimensions    | 148 x 73 x 148 cm / 58.3" x 28.7" x 58.3"          |

## UPPER BODY CYCLE

| MODEL NUMBER            | UBC-P   | UBC-M   |
|-------------------------|---|---|
| <b>CONSOLE SPECS</b>    |   |   |
| Display                 | Target Training capacitive touchscreen  | Backlit LCD                                       |
| Display Feedback        | Heart rate*, watts, RPM, time, distance, calories                                   | Heart rate*, watts, RPM, time, distance, calories |
| WiFi                    | Yes   | No  |
| Bluetooth               | Yes; heart rate and broadcast data  | Yes; heart rate                                   |
| ANT+                    | Yes; heart rate and broadcast data  | Yes; heart rate                                   |
| Contact & Telemetric HR | Telemetric only   | Telemetric only                                   |
| Power Requirements      | DC plug-in  | Generator-powered                                 |
| Workouts                | Target Training, Sprint 8, intervals, endurance, strength, speed and constant watts | Custom Intervals                                  |
| <b>FRAME SPECS</b>      |   |   |
| Drive System            | Roller chain and poly-V belt  | Roller chain and poly-V belt                      |
| Power Measurement       | Calculated watts  | Calculated watts                                  |
| Resistance System       | Electronically controlled magnetic  | Manual magnetic                                   |
| Adjustment Type         | Quick-release lever   | Quick-release lever                               |
| Seat Design             | Patented folding, sculpted self skinning  | Patented folding, sculpted self skinning          |
| On Product Seat Storage | Yes   | Yes   |
| Handle Design           | Ergo-formed, neutral-grip   | Ergo-formed, neutral-grip                         |
| Crank Design            | Independent, forged steel crank arms  | Independent, forged steel crank arms              |
| Leveling Feet           | 4   | 4   |
| Rear-lift Handle        | Yes   | Yes   |
| Maximum User Weight     | 204 kg / 450 lbs.   | 204 kg / 450 lbs.                                 |
| Ethernet Connectivity   | No  | No  |
| Assembled Dimensions    | 159.6 x 78.4 x 161.3 cm / 62.8" x 30.9" x 63.5"                                     | 159.6 x 78.4 x 161.3 cm / 62.8" x 30.9" x 63.5"   |

\*Requires a heart rate monitor

# S-DRIVE PERFORMANCE TRAINERS

**S-Drive Performance Trainers add an amazing dimension to your cardio floor. Versatile, space-saving design lets members take on power walking, running, HIIT, sled-pushing, parachute training and agility drills with magnetic resistance settings just right for their ability level and goals. Choose S-Drive Power for a complete target training experience, S-Drive Metrics for clear workout feedback or the original S-Drive for pure cardio intensity.**

## FEATURES

- Sled brake with eight repeatable resistance settings
- Parachute brake with 11 repeatable resistance settings
- Seven-degree incline
- True zero start speed
- Unlimited top speed
- 17.8 cm / 7" step-on height



## S-DRIVE POWER

S-Drive Power adds a Target Training Display specifically engineered for goal-based training, with precision metric tracking. Integrated testing establishes personalized targets while the unique LED wrap helps trainers and members gauge intensity with colors. The display even pivots so trainers can easily view feedback. Whether tracking watts, speed, time, distance, heart rate or taking on high-intensity interval training, the personalized metrics help members maintain effort and reach their goals. WiFi enabled, the Target Training Display also works with our complete portfolio of Matrix Connected Solutions. Includes a built-in sled-push bar that tracks power in watts. Includes a built-in sled-push bar that tracks power in watts.



Integrated sub-max heart rate testing • Interval and Sprint 8 programs • ANT+ and Bluetooth enabled

## S-DRIVE *METRICS*

S-Drive Metrics includes a quick-response, backlit LCD that clearly displays speed, time, distance and heart rate (with strap). Integrated testing establishes personalized targets just right for the ability level of each member, and the display even pivots so trainers can view feedback.



Interval and Sprint 8 programs • Self-powered design



**S-DRIVE**

# PERFORMANCE TRAINER

Add our original S-Drive Performance Trainer to your cardio floor to offer members power walking, running, HIIT, sled-pushing, parachute training and agility drills in one space-saving footprint. Magnetic resistance easily adjusts to a wide range of ability levels.



Self-powered design

# S-DRIVE SPECIFICATIONS

| MODEL NUMBER            | S-DRIVE POWER<br>S-DRIVEP                     | S-DRIVE METRICS<br>S-DRIVEM                        | S-DRIVE PERFORMANCE TRAINER<br>S-DRIVEC   |
|-------------------------|---|--|---|
| <b>CONSOLE Specs</b>    |   |  |   |
| Display                 | Target Training capacitive touchscreen        | Backlit LCD  | No  |
| Display Feedback        | Heart rate*, watts, time, distance, calories* | Heart rate*, watts, SPM, time, distance, calories* | No  |
| WiFi                    | Yes   | No   | No  |
| Bluetooth               | Yes; heart rate, FTMS                         | No   | No  |
| ANT+                    | Yes; heart rate, PWR, FE-C                    | No   | No  |
| Contact & Telemetric HR | Telemetric only                               | Telemetric only                                    | No  |
| Power Requirements      | DC plug-in                                    | Self powered / DC plug in (charging only)          | No  |
| <b>FRAME Specs</b>      |   |  |   |
| Drive System            | Dual magnetic maintenance free brakes         | Dual magnetic maintenance free brakes              | Dual magnetic maintenance free brakes     |
| Power Measurement       | Calculated watts                              | Calculated watts                                   | N/A                                       |
| Speed Range             | User-defined                                  | User-defined                                       | User-defined                              |
| Incline Range           | 7° fixed                                      | 7° fixed   | 7° fixed                                  |
| Resistance System       | Magnetic                                      | Magnetic   | Magnetic                                  |
| Running Surface Area    | 152 x 51 cm / 60" x 22"                       | 152 x 51 cm / 60" x 22"                            | 152 x 51 cm / 60" x 22"                   |
| Step-on Height          | 17.8 cm / 7"                                  | 17.8 cm / 7"                                       | 17.8 cm / 7"                              |
| Maximum User Weight     | 182 kg / 400 lbs.                             | 182 kg / 400 lbs.                                  | 182 kg / 400 lbs.                         |
| Ethernet Connectivity   | No  | No   | No  |
| Assembled Dimensions    | 195 x 88.3 x 150 cm / 76.8" x 34.8" x 59"     | 195 x 88.3 x 150 cm / 76.8" x 34.8" x 59"          | 195 x 88.3 x 150 cm / 76.8" x 34.8" x 59" |



# TRAINING CYCLES

All of our durable Training Cycles feature optimized ergonomics and intuitive adjustments that make it hassle-free for every member — no matter their body type or ability level — to experience the feel of a real outdoor ride.

## ADVANCED ERGONOMICS & ADJUSTMENTS

The design of our Training Cycles begins with a narrow Q-factor that optimizes the position of the hips, knees and feet to comfortably mimic an outdoor riding experience. A magnetic system provides smooth resistance changes to help riders transition from one portion of the ride to the next, while intuitive four-way adjustments with quick-touch operation and easy seat tilt make it virtually effortless to customize the cycle to each user's body.

## ENHANCED COMFORT & CONVENIENCE

All of our Training Cycles include an ergonomically sculpted seat to relieve pressure on touchpoints, making even long, intense rides comfortable. A contoured lever provides tactile feedback for on-the-fly resistance changes, and multi-position handlebars with an integrated water bottle holder provide a comfortable grip.

## STREAMLINED SERVICE & SETUP

The low-maintenance, well-protected rear flywheel design of our cycles includes a quick-release service panel, easily removable pedal cranks and clearly identifiable internal components to simplify service.

CXP

# TARGET TRAINING CYCLE

Our advanced CXP Target Training Cycle motivates members with metrics that matter for a more engaging cycling workout they'll come back for again and again. The display is specifically engineered for target training — whether they're tracking watts, heart rate, RPMs, distance or calories — and includes a bright LED wrap that uses intuitive colors to tell the rider if they are on track for their goals. Integrated programmable metrics and personal training programs offer plenty of ways for cycling enthusiasts to train. Our WiFi-enabled Target Training Display also works with our complete digital portfolio of Matrix Connected Solutions.



Displays watts within +/- 3% accuracy • Quick-adjust pedals • Integrated Sprint 8 program • Integrated FTP testing and a sub-max heart rate test  
WiFi enabled • ANT+/BLE/5 khz HR compatibility and ANT+ and BLE FTMS broadcast data capability

CXM

# TRAINING CYCLE

Our CXM Training Cycle takes workouts to the next level with clear metric tracking, quality performance and excellent ergonomics. The quick-response, backlit LCD console clearly displays all training metrics and provides the ability to bring extra focus to watts, heart rate, RPMs or lap mode in a way that helps members chart their progress and get real results.



Displays watts within +/- 10% accuracy • ANT+/BLE/5 khz for HR compatibility and ANT+ and BLE FTMS broadcast data capability



CXC

# TRAINING CYCLE

Our CXC Training Cycle will make music-driven cycling workouts more popular than ever with performance that's as smooth as it is comfortable. A device storage shelf makes it easy for members to keep their smartphone in view. Add the optional wireless LCD console for a basic metric-tracking experience that clearly displays RPMs, calories, distance, time and heart rate when used with a heart rate strap.



OPTIONAL LCD CONSOLE



Durable drive system • Protected flywheel • Repeatable magnetic resistance

## VIRTUAL TRAINING CYCLE

Now all the different people you serve can ride the way they want to with the Virtual Training Cycle. They can take on Matrix-exclusive programming like Sprint 8, Virtual Active and Target Training, plus join popular on-demand cycling classes. They can even stream their favorite music, movies and shows as their workout flies by, all on a cycle precision-engineered for intense sessions.



56 cm / 22" touchscreen • Integrated Target Training, Sprint 8 and Virtual Active programs • iFIT on-demand workouts • Access to instructor-led classes • WiFi and ethernet connectivity • Connects to Apple Watch • Connects to Samsung Galaxy Watch

# TRAINING CYCLE SPECIFICATIONS

## TRAINING CYCLES

| MODEL NUMBER            | CXP  | CXM  | CXC<br>Optional Console: GTC-LCD-C                 |
|-------------------------|--|--|--|
| <b>CONSOLE Specs</b>    |  |  |  |
| Display                 | Target Training capacitive touchscreen             | Backlit LCD  | Optional LCD                                       |
| Display Feedback        | Heart rate*, watts, RPM, time, distance, calories* | Heart rate*, watts, RPM, time, distance, calories* | Heart rate*, watts, RPM, time, distance, calories* |
| WiFi                    | Optional   | No   | No   |
| Bluetooth               | Yes; heart rate, FTMS                              | Yes; heart rate, FTMS                              | No   |
| ANT+                    | Yes; heart rate, PWR, FE-C                         | Yes; heart rate, PWR, FE-C                         | No   |
| Contact & Telemetric HR | Telemetric only                                    | Telemetric only                                    | Telemetric only                                    |
| Power Requirements      | Generator-powered                                  | Generator-powered                                  | Battery-powered                                    |
| <b>FRAME Specs</b>      |  |  |  |
| Drive System            | Flexonic belt                                      | Flexonic belt                                      | Flexonic belt                                      |
| Power Measurement       | Calculated watts                                   | Calculated watts                                   | N/A  |
| Resistance System       | Magnetic   | Magnetic   | Magnetic   |
| Pedal Type              | Dual-sided SPD & easy fit strap                    | Dual-sided SPD & toe cage                          | Dual-sided SPD & toe cage                          |
| Seat Design             | Ergonomically sculpted seat                        | Ergonomically sculpted seat                        | Ergonomically sculpted seat                        |
| Seat Adjustment         | Vertical & horizontal                              | Vertical & horizontal                              | Vertical & horizontal                              |
| Handlebar Design        | Ergo-formed, multi-position, soft PVC              | Ergo-formed, multi-position, soft PVC              | Ergo-formed, multi-position, soft PVC              |
| Handlebar Adjustment    | Vertical & horizontal                              | Vertical & horizontal                              | Vertical & horizontal                              |
| Crank Design            | 4-way tapered forged steel cranks                  | 4-way tapered forged steel cranks                  | 4-way tapered forged steel cranks                  |
| Leveling Feet           | Yes; 2 front levelers and 2 rear dials             | 4  | 4  |
| Rear-lift Handle        | Yes  | Yes  | Yes  |
| Maximum User Weight     | 158.8 kg / 350 lbs.                                | 158.8 kg / 350 lbs.                                | 158.8 kg / 350 lbs.                                |
| Ethernet Connectivity   | No   | No   | No   |
| Assembled Dimensions    | 122.4 x 56 x 102.8 cm / 48.2" x 22.2" x 40.5"      | 122.4 x 56.4 x 102.8 cm / 48.2" x 22.2" x 40.5"    | 122.4 x 56.4 x 102.8 cm / 48.2" x 22.2" x 40.5"    |

## VIRTUAL TRAINING CYCLE

| MODEL NUMBER                     | CXV   |
|----------------------------------|---|
| <b>CONSOLE Specs</b>             |   |
| Display                          | 56 cm / 22" class capacitive touchscreen LCD  |
| Workouts                         | Go, manual, Sprint 8, Virtual Active, instructor-led content, Target Training, target heart rate, interval training, fat burn, rolling hills, constant watts, goal training, fitness tests, custom                        |
| iFIT On-Demand Workouts          | Yes   |
| Languages                        | English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan |
| WiFi                             | Yes   |
| Bluetooth                        | Yes, smartphones, headphones, heart rate  |
| ANT+                             | Yes; heart rate   |
| RFID Wireless Login              | Yes   |
| Connects to Apple Watch          | Yes   |
| Connects to Samsung Galaxy Watch | Yes   |
| Made for iPhone, iPad, iPod      | Yes   |
| USB Port                         | Yes; device charging, device media, software updates  |
| Wireless Charging (Qi)           | No  |
| CSAFE Ready                      | Yes   |
| Auto Wake-up                     | Yes   |
| Contact & Telemetric HR          | Telemetric only   |
| <b>FRAME Specs</b>               |   |
| Drive System                     | Flexonic belt with freewheel  |
| Power Measurement                | Calculated watts  |
| Resistance System                | Magnetic  |
| Pedal Type                       | SPD & toe cage  |
| O-Factor                         | 16.8 cm / 6.6"  |
| Seat Design                      | Ergonomically sculpted saddle   |
| Seat Adjustment                  | Vertical & horizontal   |
| Handlebar Design                 | Multi-position, racing design   |
| Handlebar Adjustment             | Fixed   |
| Crank Design                     | 4-way tapered forged steel cranks   |
| Leveling Feet                    | 4   |
| Rear-lift Handle                 | Yes   |
| Maximum User Weight              | 158.8 kg / 350 lbs.   |
| Ethernet Connectivity            | Yes   |
| Assembled Dimensions             | 156.6 x 56.5 x 147.8 cm / 61.7" x 22.2" x 58.2"   |
| Power Requirements               | 100-240 V — 50/60 Hz AC   |

# ROWERS

The sleek-yet-robust design of our rowers offers whisper-quiet operation, a smoother stroke, easy adjustments and repeatable resistance levels to create an unmatched rowing experience. Count on an aluminum flywheel with 10 precise magnetic resistance settings to challenge first-time users and experienced rowers alike. Crafted to fit the human body, our rowers feature an ergo form seat to reduce stress on touchpoints during long rowing sessions, a seat lock for superior stability when getting on and off and a long handle with a comfort-enhancing over-mold.



# RXP ROWER

Reinvigorate rowing and make your facility stand out by adding our advanced RXP Target Training Rower to your cardio floor. Our unique display is specifically engineered for target training, precisely measuring watts, 500-meter split, heart rate, SPMs, distance or calories. A bright LED wrap uses vibrant colors to indicate if the user is on track for their goals. Integrated interval programs and a wide range of personal training programs keep every workout fresh. WiFi enabled, the Target Training Display also works with our complete portfolio of Matrix Connected Solutions.



Sub-max heart rate test, step power test and testing for 500- and 2,000-meters • Interval and Sprint 8 programs  
WiFi enabled • ANT+/BLE/5 khz HR compatibility and ANT+ and BLE FTMS data broadcast capability

# ROWER

The Matrix Rower features an adjustable, backlit console that makes it easy to access training programs and see complete workout data. Clearly defined quick keys provide instant access to integrated training programs.



Interval and challenge programs • Aluminum flywheel • 10 magnetic resistance settings • Self-powered • Low-maintenance cord • Compact footprint that stands vertically and rolls for storage convenience

# POWER SPECIFICATIONS

| MODEL NUMBER            | RXP<br>AR12  | POWER<br>AR11  |
|-------------------------|--|--|
| <b>CONSOLE Specs</b>    |  |  |
| Display                 | Target Training capacitive touchscreen   | 3.5" x 2.5" Screen   |
| Display Feedback        | Time, Distance, SPM (strokes per minute), Watts, Heart Rate, Calories, 500 m/split | Time, Distance, SPM (strokes per minute), Stroke, Watts, Heart Rate, Calories, 500 m/split |
| WiFi                    | Yes  | No   |
| Bluetooth               | Yes; heart rate, FTMS  | Yes; heart rate  |
| ANT+                    | Yes; heart rate, broadcast   | No   |
| Contact & Telemetric HR | Telemetric only  | Telemetric only  |
| Power Requirements      | Generator Powered Display w/ Back-up Memory Battery and DC plug in                 | Generator Powered LCD Display w/ Back-up Memory Battery                                    |
| <b>FRAME Specs</b>      |  |  |
| Drive System            | Coil spring poly-V belt  | Coil spring poly-V belt  |
| Power Measurement       | Calculated watts   | Calculated watts   |
| Resistance System       | Magnetic   | Magnetic   |
| Resistance Levels       | 10   | 10   |
| Foot Stretchers         | Adjustable heel cups with easy-to-read settings                                    | Adjustable heel cups with easy-to-read settings  |
| Handlebar Design        | Extra-long ergo-grip handlebar   | Extra-long ergo-grip handlebar   |
| Leveling Feet           | 4  | 4  |
| Maximum User Weight     | 158.8 kg / 350 lbs.  | 158.8 kg / 350 lbs.  |
| Ethernet Connectivity   | No   | No   |
| Assembled Dimensions    | 223 x 55 x 97 cm / 87.6" x 21.5" x 38"   | 223 x 55 x 97 cm / 87.6" x 21.5" x 38"   |

# WHERE STRETCHING TAKES CENTER STAGE

The Matrix Stretch Platform offers a comprehensive solution for pre- and post-workout recovery. Its stable and comfortable design promotes flexibility, reduces muscle soreness, and minimizes the risk of injury. Place these versatile platforms throughout your facility to create dedicated recovery zones that enhance member satisfaction.

## *STRETCH PLATFORM*



## STRETCH PLATFORM

The stretch platform's angled platform, padded bench and support bars allow for deeper, more progressive stretches, while the open, versatile design lets members of all body types confidently explore new stretches, improving flexibility and mobility. Bring the Matrix Stretch Platform to your facility today, and let stretching take center stage.



Declined supportive back, leg & neck pads • Inclined base with numeric indicators  
Accessible low and mid-height support bars • Contoured upper grips • Flexibility  
placard • Integrated smart device storage • Fixed stable platform

# STRETCH *SPECIFICATIONS*

| MODEL NUMBER                   | GFTSTR   |
|--------------------------------|--|
| <b>USER AMENITIES</b>          |  |
| Smart Device Storage           | Yes  |
| Instructional Placard          | Yes; with colored muscle callouts  |
| Angled Cushion Bench           | Yes; supports the back, neck and knees                                     |
| Support Bars                   | Yes; accessible low and mid-height support bars to allow for progression   |
| Contoured Upper Grips          | Yes; provides multiple areas to push and pull against to enhance stretches |
| Inclined Base                  | Yes; with numeric indicators to measure foot placement                     |
| <b>TECH SPECS</b>              |  |
| Frame Color                    | Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium      |
| Max User Weight                | 159 kg / 350 lbs.  |
| Product Weight                 | 86 kg / 189.5 lbs.   |
| Overall Dimensions (L x W x H) | 209.9 x 88.3 x 145.6 cm / 82.6" x 34.7" x 57.3"                            |



# A BETTER WAY TO GET FIT: TOGETHER

Group training provides the kind of motivation, camaraderie and accountability members need to try new things, persevere through tough sessions and keep coming back for more. We can help you differentiate your fitness facility by outfitting your group training space, optimizing underused space and offering programming that appeals to a wide range of individuals. We'll bring the best of our own equipment and programming, plus exclusive offerings from industry experts to help you attract new members and retain them in a way only engaging group training can.

To learn more about our group training solutions,  
visit [matrixfitness.com](http://matrixfitness.com)

**MATRIX**  
RIDE

**SPRINT** 8 **GX**

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Visit [matrixfitness.com](http://matrixfitness.com) for full contact information.

# MATRIX

## ABOUT MATRIX FITNESS

In 2001, Johnson Health Tech established Matrix Fitness to bring premium fitness equipment to the marketplace. Since then, we've become the fastest-growing commercial fitness equipment brand in the world. Matrix has leveraged continuous innovation and cross-cultural collaboration to emerge as an industry vanguard, constantly challenging standards and raising expectations for fitness equipment design and exercise technology.

Our product portfolio has expanded to over 500 products including strength equipment, cardio platforms, group exercise modalities, athletic performance training tools, fitness technology, integrated HIIT workouts, turnkey programming and much more. With over 30 subsidiaries around the world, Matrix is uniquely equipped to meet fitness and wellness needs in every corner of the globe.

Today, Matrix Fitness is dedicated to serving fitness facilities of all kinds, setting them apart in ways that attract and retain more members. Our mission is to delight and excite our customers through complete solutions and committed partnership provided by a world-class organization.





**MATRIX**  
strong • Smart • Beautiful

**Matrix Fitness**

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